TOORX
FITNESS IN MOTION

INSTRUCTION

SRX80 EVO

CE

EXPLOSIVE VIEW
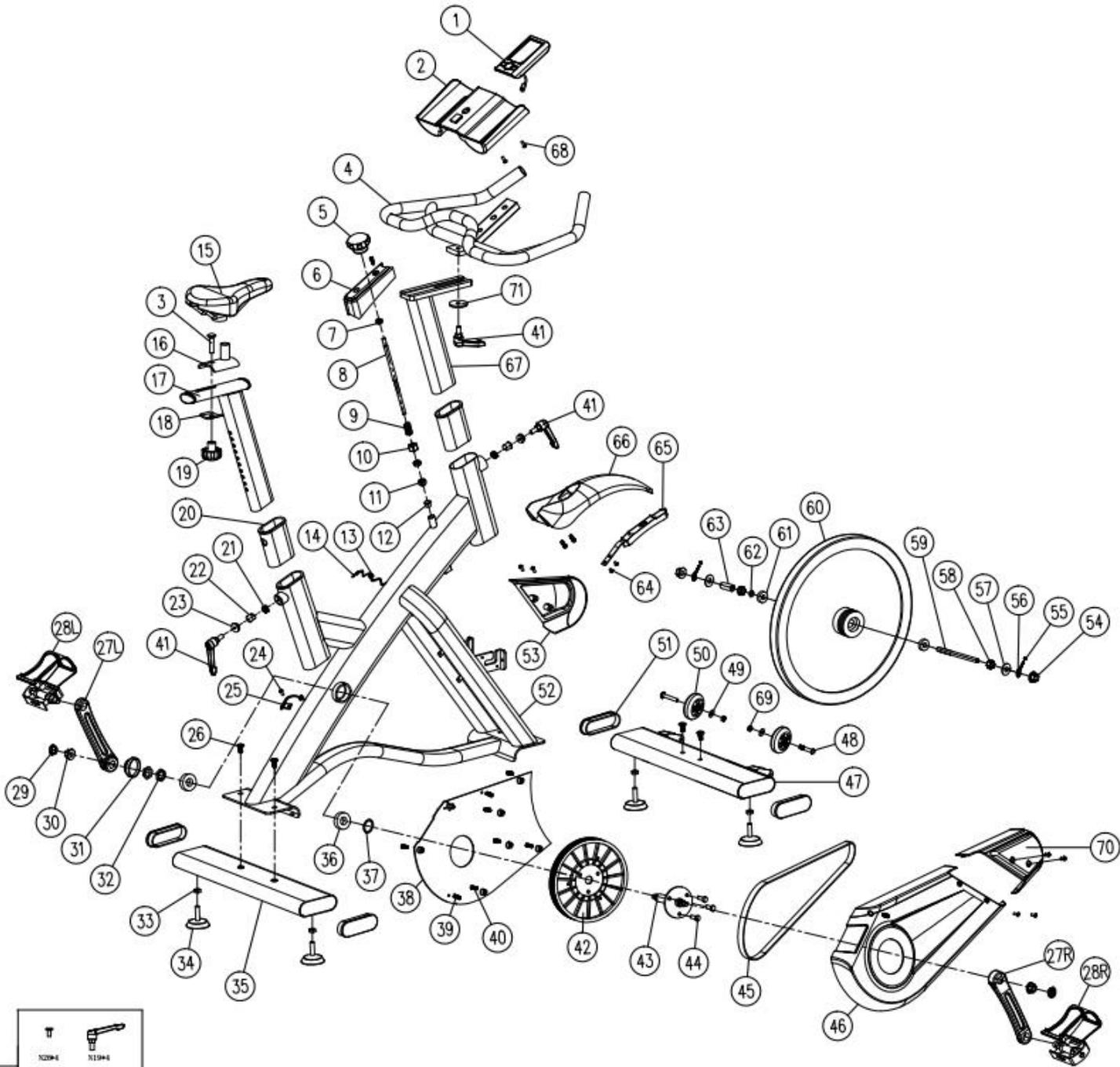
PARTS LIST

PART NO.	DESCRIPTION	QTY
1	Computer	1 PC
2	Bottle cage	1 PC
3	Carriage bolt	1 PC
4	Handlebar	1 PC
5	Brake knob	1 PC
6	Brake trim cover	1 PC
7	Hexagon nut M8	2 PCS
8	Brake rod φ10x290	1 PC
9	Bushing plastic	1 PC
10	Square nut	1 PC
11	Hexagon nut	2 PCS
12	Bushing	1 PC
13	Cable plug	1 PC
14	Sensor cable	1 PC
15	Seat	1 PC
16	Slider	1 PC
17	Seat post	1 PC
18	Washer	1 PC
19	Knob	1 PC
20	Tube clamp	2 PCS
21	Spring	1 PC
22	Top pin	2 PCS
23	Hexagon nut	2 PCS
24	Screw	9 PCS
25	Sensor	1 PC
26	Screw M8x1.25	2 PCS

27(L+R)	Crank (L+R)	1 SET
28(L+R)	Pedal(L+R)	1 SET
29	Crank plug	2 PCS
30	Flange nut M10	2 PCS
31	Bushing	1 PC
32	Crank plug	2 PCS
33	Hexagon nut M10	4 PCS
34	Foot pad	4 PCS
35	Rear tube	1 PC
36	Bearing6004	2 PCS
37	Washer	2 PCS
38	Chain Cover (inner)	1 PC
39	Screw M4.2x19	6 PCS
40	Screw M4x20	9 PCS
41	L knob	3 PCS
42	Belt pulley	1 PC
43	Axle	1 PC
44	Hexagon screw	4 PCS
45	Belt	1 PC
46	Chain Cover (outer)	1 PC
47	Front tube	1 PC
48	Screw	2 PCS
49	Washer	6 PCS
50	Moving wheel	2 PCS
51	End cap	4 PCS
52	Main frame	1 PC
53	Cover L	1 PC
54	Flange nut M12	2 PCS
55	Nylon nut M6	2 PCS

| 56	Adjust φ12	2 PCS
57	Washer	1 PC
58	Hexagon nut M12	3 PCS
59	Flywheel axle	1 PC
60	Flywheel	1 PC
61	Bearing 6203	3 PCS
62	Washer	2 PCS
63	Drive pipe φ12x145	1 PC
64	Screw M5x8	2 PCS
65	Brake pad	1 PC
66	Flywheel trim cover	1 PC
67	Handlebar post	1 PC
68	Screw	2 PCS
69	Nylon nut	2 PCS
70	Cover R	1 PC
71	Washer	1 PC
72	Harpoon wrench	1 PC
73	Hexagon wrench	1 PC

ASSEMBLY INSTRUCTION
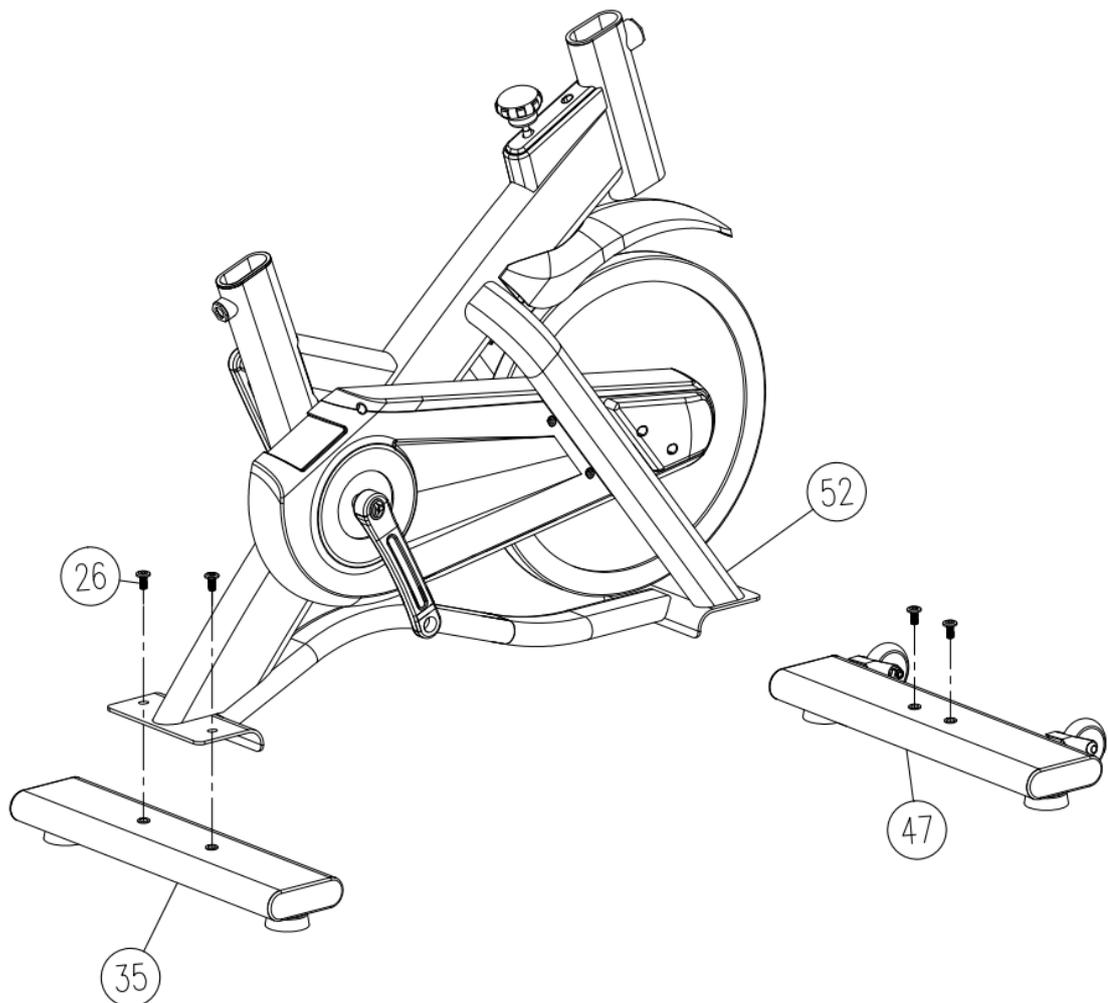
STEP 1

Attach the rear tube (35) to the main frame(52) using two sets of screws(26).
Attach the front tube (47) to the main frame same as the rear tube.
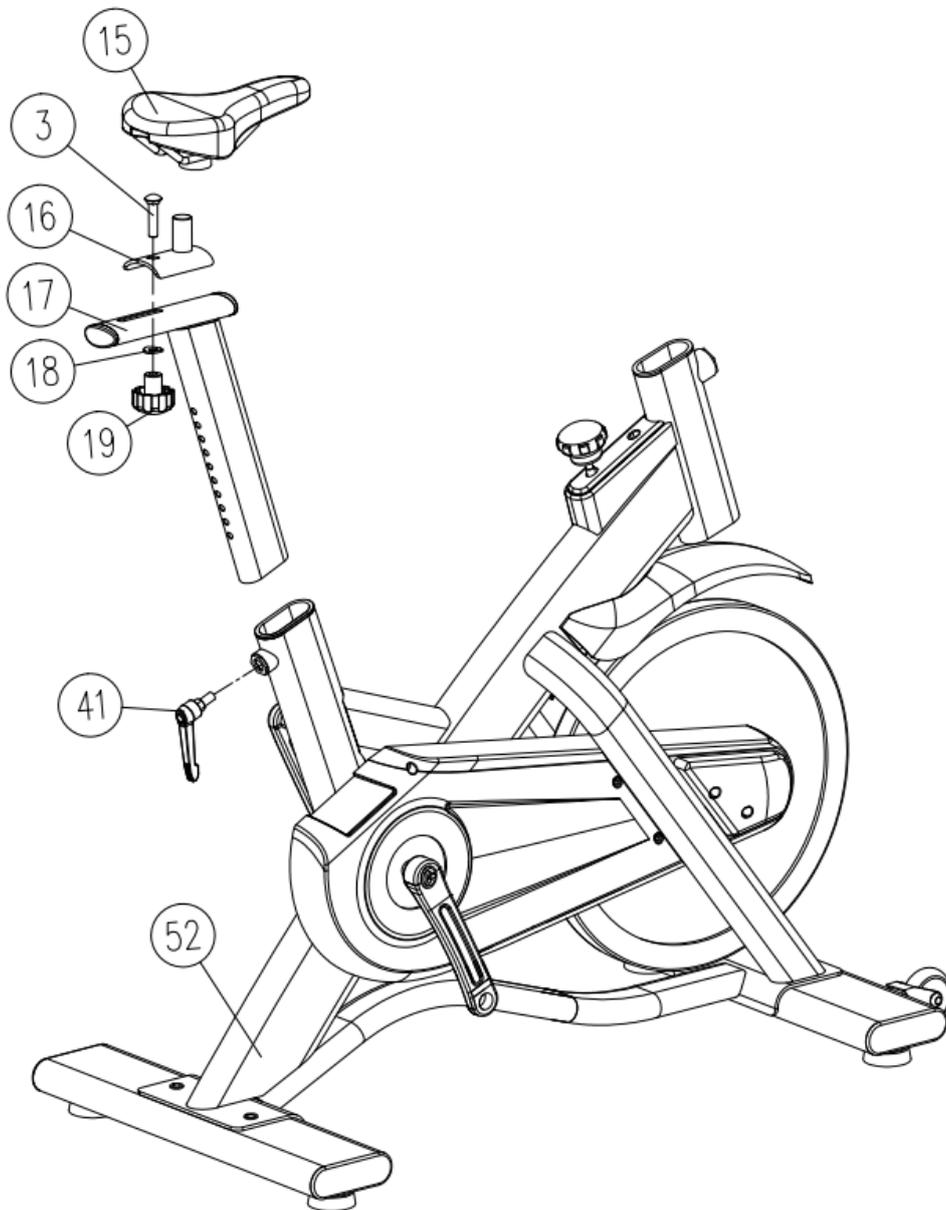
STEP 2

Put seat post (17) insert main frame(52) with L knob (41)adjust height.
Put seat (15) on the slider(16) and fix it.
Fix the slider on the seat post by carriage bolt (3),washer(18)and knob(19).
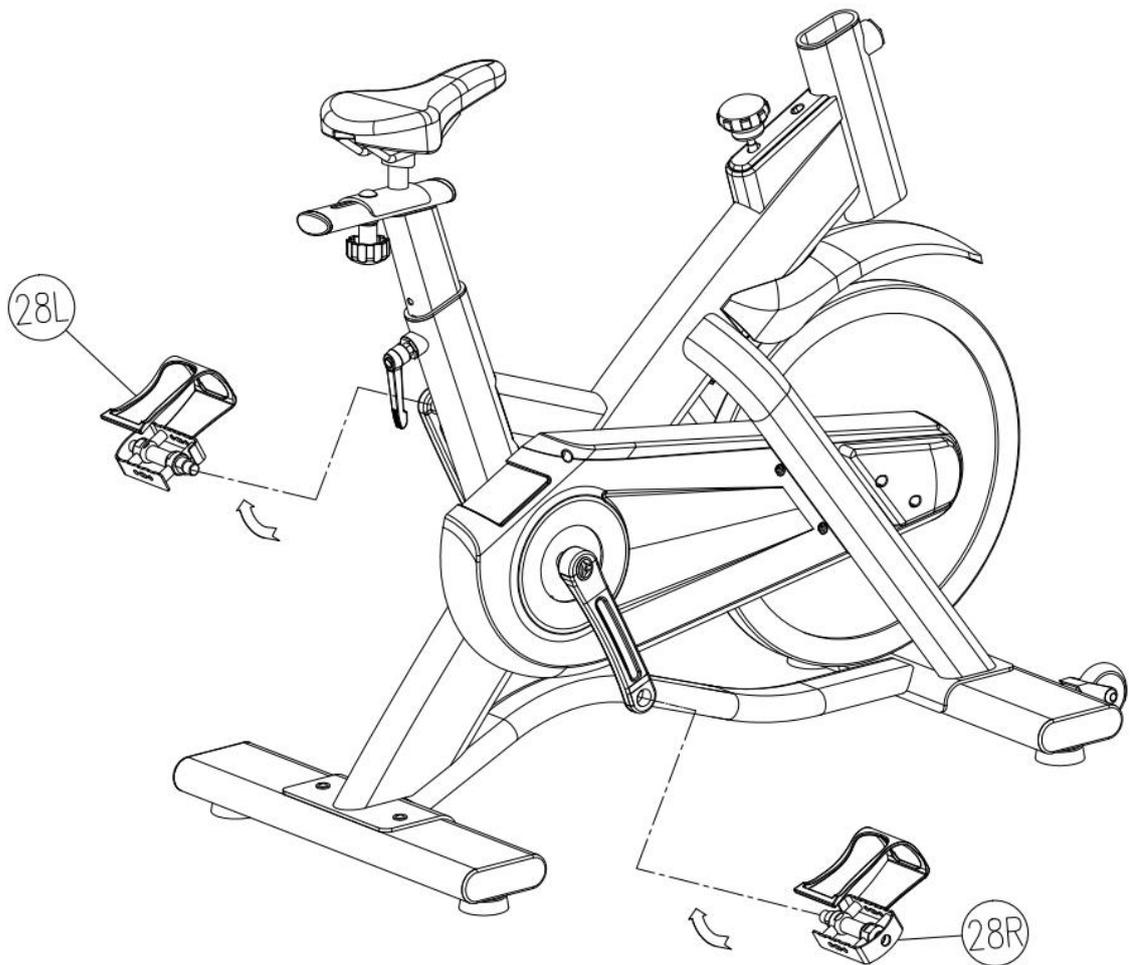
STEP 3

The pedals (28L and 28R) are marked "L" and "R"-left and right.
Connect them to their appropriate crank set. The right crank set is on the right hand side of the cycle as you sit on it.
Note that the Right pedal should be threaded on clockwise and the left pedal on anti-clockwise.
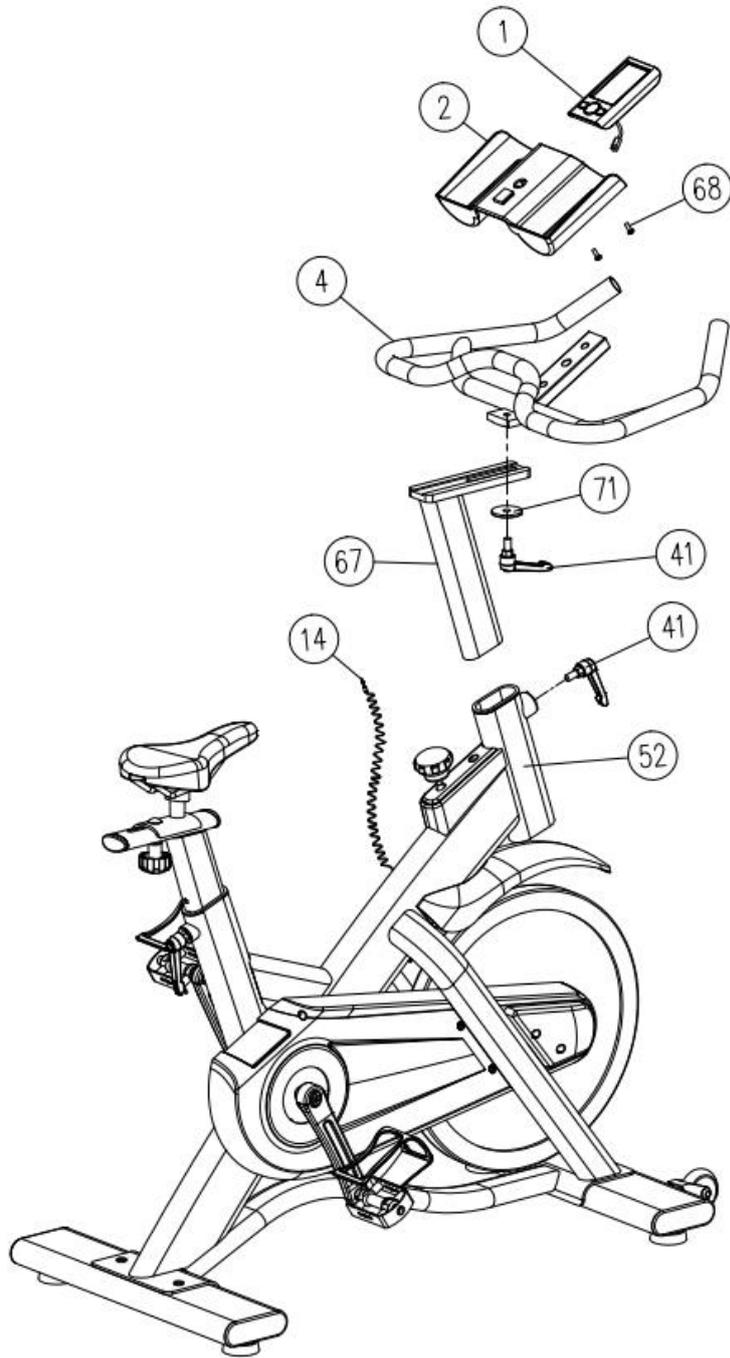
STEP 4

Put handlebar(67) insert main frame with L knob (41)adjust height.
Put computer(1) into handlebar(4), and fix handlebar on handlebar post using washers(71),and L knob.
And then insert the sensor plug (14) into the sensor joint of computer.

Now your spinning bike is finished for use.

FRONT VIEW

HOW TO REMOVE BATTERY:

1. Pull off the battery cover and place one of CR2032 3V battery into battery housing on back of monitor, please refer to below illustrations.
2. Insure batteries are correctly positioned and battery springs are in proper contact with batteries.
3. Replace battery cover and insure it is tightly closed.
4. Battery life is approx. 1 year under normal usage.
5. If the display is illegible or only partial segments appear, remove batteries and wait 15 seconds before reinstalling.
6. Removing the batteries will erase computer memory.

<u>KEY GUIDE</u>

ENTER:
1. Press this button to enter setting mode.
   Normal→Time→DIST→CAL→T.H.R
2. Press this button to confirm the setting values
3. Hold 3 seconds to reset all of the values to zero.

UP: Increase the setting value of the following functions.
             Time→DIST→CAL→T.H.R

DOWN: Decrease the setting value of the following functions.
             Time→DIST→CAL→T.H.R

FUNCTIONS AND OPERATIONS

AUTO ON/OFF

The monitor will wake up automatically if the exercise machine is in motion. If stop exercising for over 4 minutes, monitor will turn off and reset all function values to zero.

TIME:

press the button of ENTER to TIME function and press the UP or DOWN button to enter the value you want.

Count up:

Without setting the time value, the monitor will count up the time from 00:00~99:59.

Count down:

Setting the exercise time from 1:00~99:00 minutes, the monitor will count down from your setting values. Once reach setting value, monitor will alarm.

SPEED:

Displays your workout speed in M/KM per hour .The monitor will display the current speed from 0.00 ~ 99.9 Km or Mile per hour.

RPM:

Displays your workout RPM. The monitor will display the current RPM from 15 ~ 999

DISTANCE:

press the button of ENTER to DIS function and press the UP or DOWN button to enter the value you want.

Count up:

Without setting the distance value, the monitor will count up the distance from 0.1~999.0Km or Mile

Count down:

Setting the exercise time from 1.0~999 Km or Mile, the monitor will count down from your setting values. Once reach setting value, monitor will alarm.

CALORIE:

press the button of ENTER to CAL function and press the UP or DOWN button to enter the value you want.

Count up:

Without setting the distance value, the monitor will count up the distance from 0.1~999.0.

Count down:

Setting the exercise calorie from 1.0~999, the monitor will count down from your setting values. Once reach setting value, monitor will alarm.

PULSE (Target Heart Rate):

press the button of ENTER to T.H.R function and press the UP or DOWN button to enter the value you want

Pulse Limit:

Setting the value of pulse limit between 60 to 220, the monitor will measure your heartbeats. Once reach setting value, monitor will flash until your heartbeats under your setting value.

Place the palms of your hands on the both of the contact pads and the monitor will show up your heartbeat rate in beat per minute (BPM) on the LCD display.

NOTE:

If no pulse signal input within 16 seconds, the display will indicate "P". It is a power saving device. Customer can press key to restart Pulse function.

CAUTION:

Operating temperature: 0°C   -   +50°C.
 Storage temperature: -10°C   -   +60°C.

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