

TCORX
FITNESS IN MOTION

INSTRUCTION



SRX80

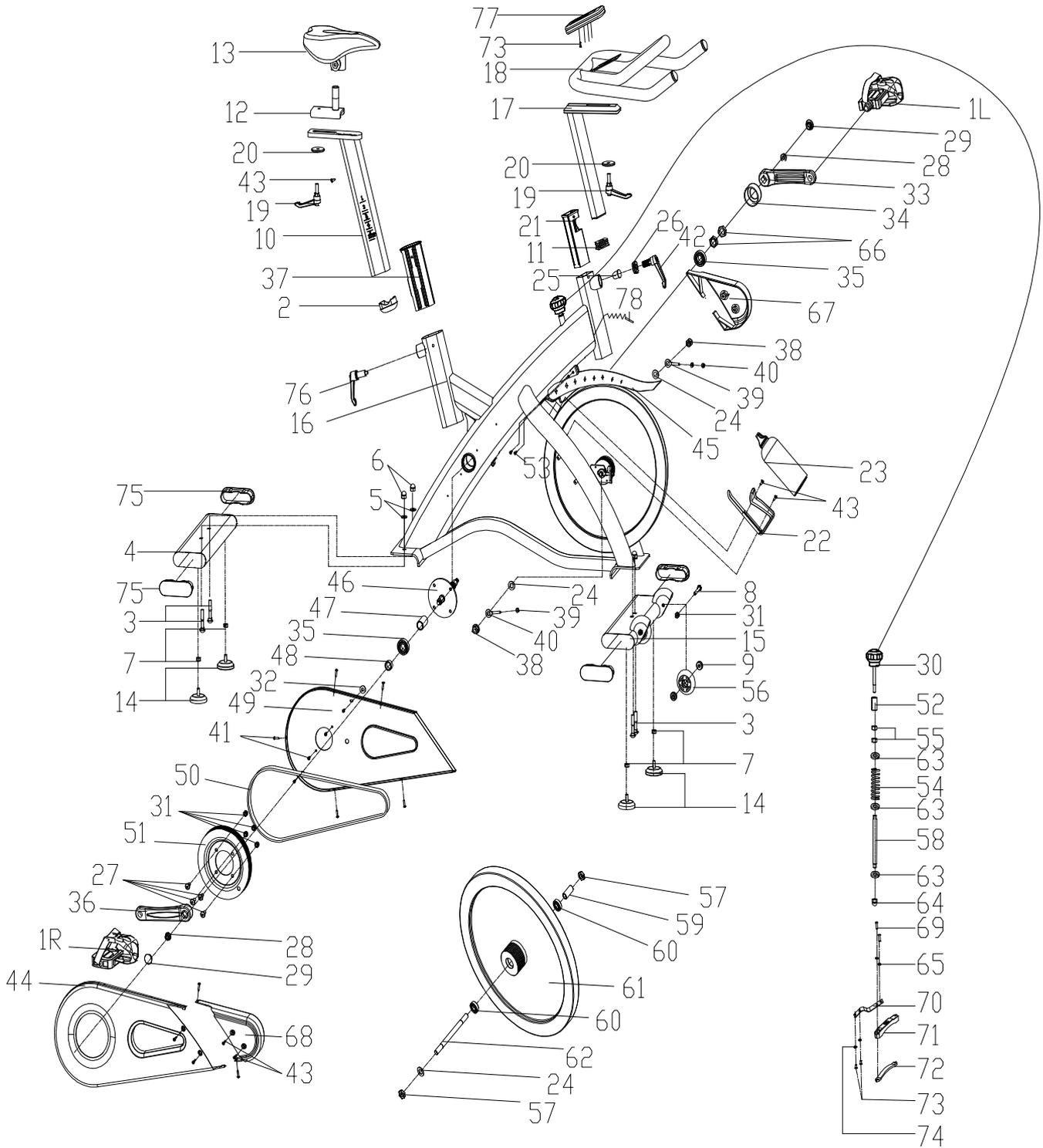


Rev : 00

Ed : 03/17



EXPLODED-VIEW & PARTS LIST :



NO	NAME	QUANTITY	SPEC
1L	PEDAL (L)	1	JD-304 (9/16") (L)
1R	PEDAL (R)	1	JD-304 (9/16") R
2	END CAP1	1	70*30*1.5
3	BOLT 1	4	GB/T 12-1988 M10*55
4	REAR STABILIZER	1	WELDING
5	FLAT WASHER	4	GB/T 95-2002 10
6	NUT	4	GB/T 802-1988 M10
7	NUT	4	GB/T 41-2000 M8
8	BOLT 2	2	GB/T 5780-2000 M8*40
9	BEARING	4	608ZZ
10	VERTICAL SEAT POST	1	WELDING
11	END CAP 2	1	38*38*1.5
12	SEAT POST	1	WELDING
13	SEAT	1	DD-6619
14	STOPPER	4	φ60*36/(M8X25) 型号: JE—088
15	FRONT STABILIZER	1	WELDING
16	MAIN FRAME	1	WELDING
17	HANDLEBAR POST	1	WELDING
18	HANDLE BAR	1	WELDING
19	L SHAPE KNOB	2	M10*25
20	FLAT WASHER 1	2	φ45*φ10.5*4
21	PLASTIC SLEEVE	1	38*38*1.5
22	BOTTLE HOLDER	1	φ6
23	BOTTLE	1	φ73*215
24	FLAT WASHER	3	GB/T 95-2002 12
25	FIXING SHAFT	1	φ22*23
26	FIXING NUT	1	32*12 (M16x1.5)
27	BOLT 1	4	GB/T 70.2-2000 M8*15
28	NUT	2	M12X1.25 H=8MM
29	CRANK END CAP	2	φ28*6.5
30	KNOB	1	φ60*113
31	NUT	6	GB/T 889.1-2000 M8
32	PLASTIC RING	4	φ20*φ9*3
33	LEFT CRANK	1	170*15
34	CRANK COVER	1	φ56*28
35	BEARING	2	6004ZZ
36	RIGHT CRANK	1	170*15
37	PLASTIC SLEEVE 1	1	70*30*1.5
38	NUT	2	M12X1.25
39	FIXING BOLT	2	M6*54

NO	NAME	QUANTITY	SPEC
40	NUT	2	GB/T 889.1-2000 M6
41	BOLT 6	13	GB/T 845-1985 ST4.2*19
42	L SHAPE KNOB	1	M16*25 (M16*1.5)
43	SCREW 3	7	GB/845-85 ST4.8X13
44	OUTER COVER	1	612*282*46.6(451g)
45	FLYWHEEL COVER	1	414*79*94 (110g)
46	AXIS	1	φ20*162
47	LONG FIXING TUBE	1	φ25*φ20.5*41
48	SHORT FIXING TUBE	1	φ25*φ20.5*12
49	INNER COVER	1	608*280*21 (421g)
50	BELT	1	5PK56
51	BELT WHEEL	1	φ200*24
52	Twist The Fixings	1	φ20*34
53	SCREW 4	4	GB/T 5780-2000 M5*10
54	SPRING 1	1	18*62
55	NUT	2	GB/T 41-2000 M10
56	PU WHEEL	2	φ69*23
57	NUT	2	M12X1.25 H=6
58	Screw rod	1	Φ13.5*140
59	FIXING TUBE	1	φ16*φ12.1*35
60	BEARING	2	6001ZZ
61	FLYWHEEL	1	φ453*29
62	FLYWHEEL SHAFT	1	φ12*160
63	WASHER 2	3	φ20*φ14*2.0
64	DOMED NUT	1	GB/T 802-1988 M10
65	FLAT WASHER 1	2	GB/T 95-2002 6
66	FIXING NUT	2	27*M20*1 (5mm)
67	LEFT FLYWHEEL COVER	1	240.6*128.6*62 (118g)
68	RIGHT FIYWHEEL COVER	1	258.7*131.8*62 (97g)
69	BOLT 8	2	GB/T 70.1-2000 M6*12
70	ADJUSTING METAL	1	δ1.5
71	BLOCK	1	161*21*19
72	WOOLLY BLOCK	1	156*15.5*10
73	BOLT 9	2	GB/T 5780-2000 M5*10
74	SPRING WASHER 1	2	GB/T 859-1987 5
75	END CAP3	4	120*40*35
76	L SHAPE KNOB	1	M16X30
77	COMPUTER	1	ST-6527(ST-7607)
78	SENSOR	1	SR-202

ASSEMBLY INSTRUCTION:

1.PREPARATION:

- A. Before assembling make sure that you will have enough space around the item.
- B. Use the present tooling for assembling.
- C. Before assembling please check whether all needed parts are available (at the above of this instruction sheet you will find an explosion drawing with all single parts (marked with numbers) which this item consists of.

2.ASSEMBLY INSTRUCTION:

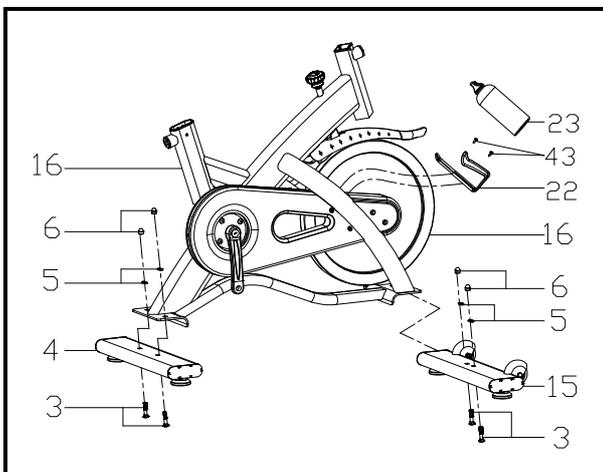


FIG.1

FIG.1:

Attach the Front Stabilizer (pt.15) to the Main Frame (pt.16) using two sets of Ø8 Flat Washers (pt.5), M10 Domed Nut (pt.6) and M10*55 Carriage bolt (3). Attach the Rear Stabilizer (pt.4) to the Main Frame (pt.16) using two sets of Ø10 Flat Washers (pt.5), M10 Domed Nut (pt.6) and M10*55 Carriage bolt (3).

Fixing the bottle holder (pt.22) to the main frame (pt.16) with the screw (pt.43) and Then slide the bottle (pt.23) into the bottle holder (pt.22)

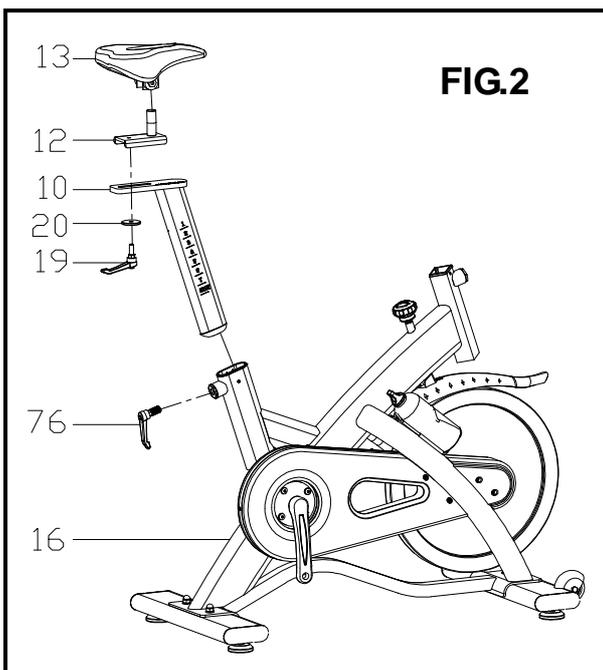


FIG.2

FIG.2:

Slide the Vertical Seat Post (pt.10) into the seat post housing on the main frame (pt.16). Then slide the Seat Post (pt.12) into the Vertical Seat Post (pt.10), then Secure using a flat washer 1 (20) and L Shape knob (19). You will have to slacken the knurled section of the L Shape Knob (pt.76) and pull the knob back and then select the desired height. Release the knob and retighten the knurled portion.

Now fix the Seat (pt.13) to the Seat Post (pt.12) as shown, and tighten the bolts around the screws under the seat.

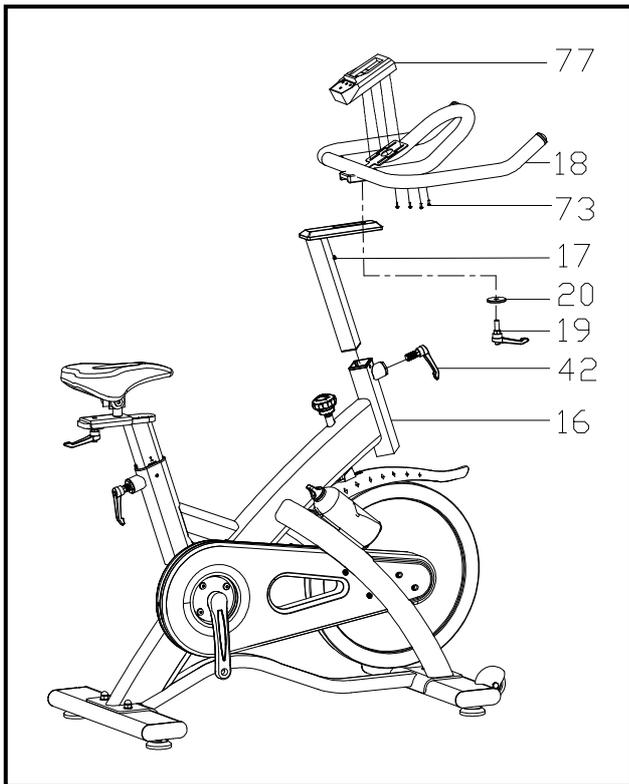


FIG.3:

Slide the Handlebar Post (pt.17) into the handlebar post housing on the main frame(pt.16). You will have to slacken the knurled section of the L Shape Knob (pt.42) and pull the knob back and then select the desired height. Release the knob and retighten the knurled portion. Then fix the Handlebar (pt.18) with a flat washer 1 (20) and L Shape knob (19)

ATTENTION: YOU SHOULD FIX THE HANDLEBAR TIGHTLY

Fix the Computer (pt.77) onto the Computer Holder with bolt(73), connect the plug

FIG.3

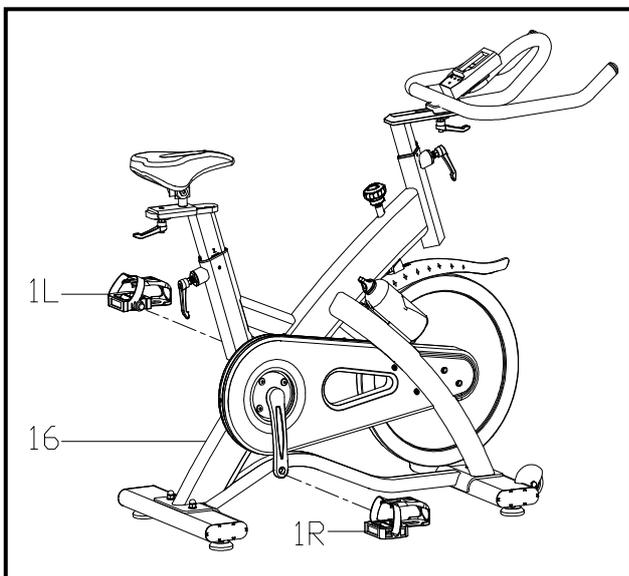
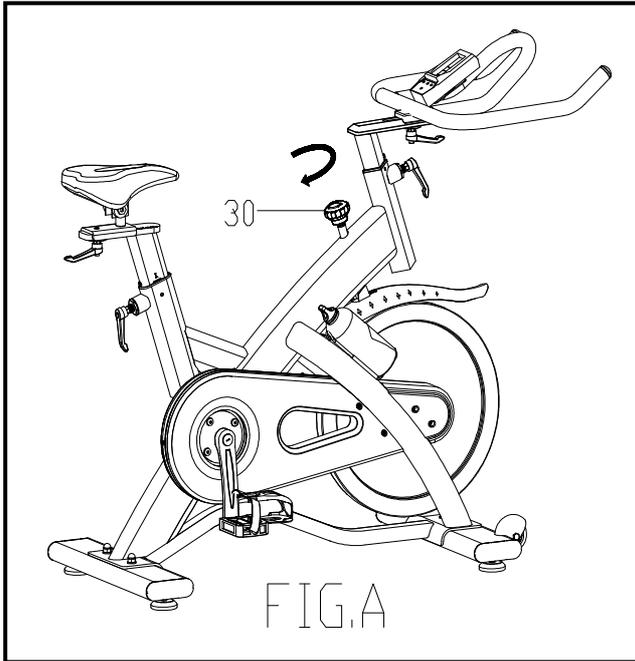


FIG.4:

The Pedals (pt.1 L & pt.1 R) are marked "L" and "R" - Left and Right. Connect them to their appropriate crank arms. The right crank arm is on the right- hand side of the cycle as you sit on it.

Note that the Right pedal should be threaded on clockwise and the Left pedal anticlockwise.

FIG.4



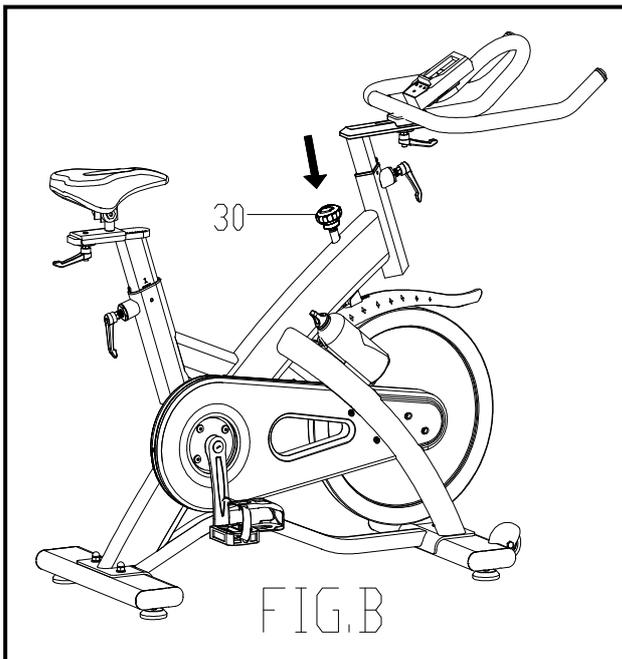
A.) Adjusting the Tension:
 Increasing or decreasing the tension allows you to add variety to your workout sessions by adjusting the resistance level of the bike. To increase tension and increase resistance (requiring more strength to pedal), turn the *Emergency Brake & Tension Control Knob (#30)* to the *right*.

To decrease tension and increase resistance (requiring less strength to pedala), turn the *Emergency Brake & Tension Control Knob (#30)* to the *left*.

B.) Using the Emergency Brake Function:

The same knob that allows you to adjust the tension of the bike also doubles as the Emergency Brake. Use this safety feature in any situation where you would need to get off the bike and/or stop the bike's flywheel.

To use the Emergency Brake function in any situation you would need it in, firmly press down on the *Emergency Brake & Tension Control Knob (#30)*.



Instruction Manual

BUTTONS:

MODE	To confirm all settings.
UP	To select training mode and adjust function value up. (The computer has to be in stop condition.)
DOWN	To select training mode and adjust function value down. (The computer has to be in stop condition.)
RESET	To clear the set-up value. Press RESET key and hold for 2 seconds to reset all function figures.

FUNCTIONS :

SCAN: Displays all function TIME→DISTANCE→CALORIES→ RPM/SPEED in sequence.

RPM: Displays the pedaling Rotation Per Minute. The RPM and SPEED will switch to another display in every 6 seconds after exercise starts.

SPEED: Displays the user's exercise speed.

TIME: 1. You can press "UP" & "DOWN" button to set target time between 0:00 to 99:00 for count down function.

2. It can be set up by the user or accumulated automatically for count up function.

DISTANCE: 1. You can press "UP" & "DOWN" button to set target distance between 0:00 to 99:50 for count down function.

2. It can be set up by the user or accumulated automatically for count up function.

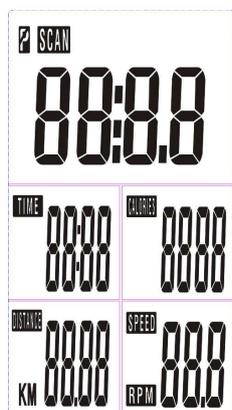
CALORIES: 1. You can press "UP" & "DOWN" button to set target calories between 0 to 9990 for count down function.

2. It can be set up by the user or accumulated automatically for count up function.

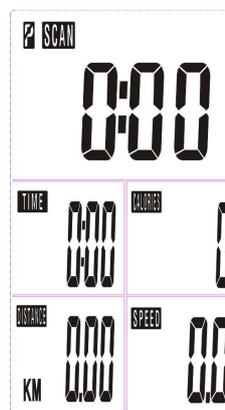
OPERATION PROCEDURE:

1. Installs 2 pieces of 1.5V #4 batteries, then the screen will display as following "Drawing A" and have "Bi" sound at the same time.

After that, it goes to the next step to the main menu as "Drawing B".

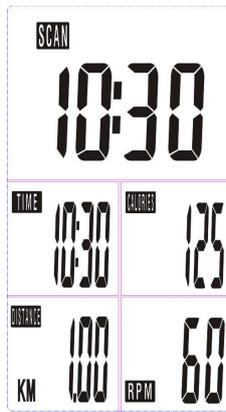


Drawing A



Drawing B

- Get access to the set-up mode of TIME/DISTANCE/CALORIES. When you are in each set-up mode, for example in the time set-up mode, time value is blinking, you can press "UP" & "DOWN" button to adjust the value and press "MODE" for confirmation. The set-up of DISTANCE, CALORIES is the same as TIME.
- With any signal been transmitted into the monitor, the value of TIME, DISTANCE, CALORIES start to count up as Drawing C. When there is any function has been preset the target (TIME or DISTANCE or CALORIES), the function will be counting down from the preset to zero while the training starts. Once the target is achieved to zero, the monitor start to beep for 8 seconds, and the function will be counting up from zero directly if the training is going. Press "MODE" button for confirmation and skip to next set-up.
- In SCAN mode shown as "Drawing C". RPM/SPEED/TM/DIST/CAL will skip to display in every 6 seconds. The order is as follows.



Drawing C

5. You can also press “MODE” button to select single function display except RPM & SPEED function. The RPM & SPEED function will switch display.

Note:

1. Stop training for 4 minutes, the computer will enter to Sleep mode.
You may press any button to have the computer restart working, the original value will retain.
(If re-install batteries, the original value will remove.)
2. If the computer displays abnormally, please re-install batteries and try again.
3. Battery Spec: 1.5V UM-4 or AAA (2PCS).



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