TOORX

FITNESS IN MOTION

INSTRUCTION

ERX60

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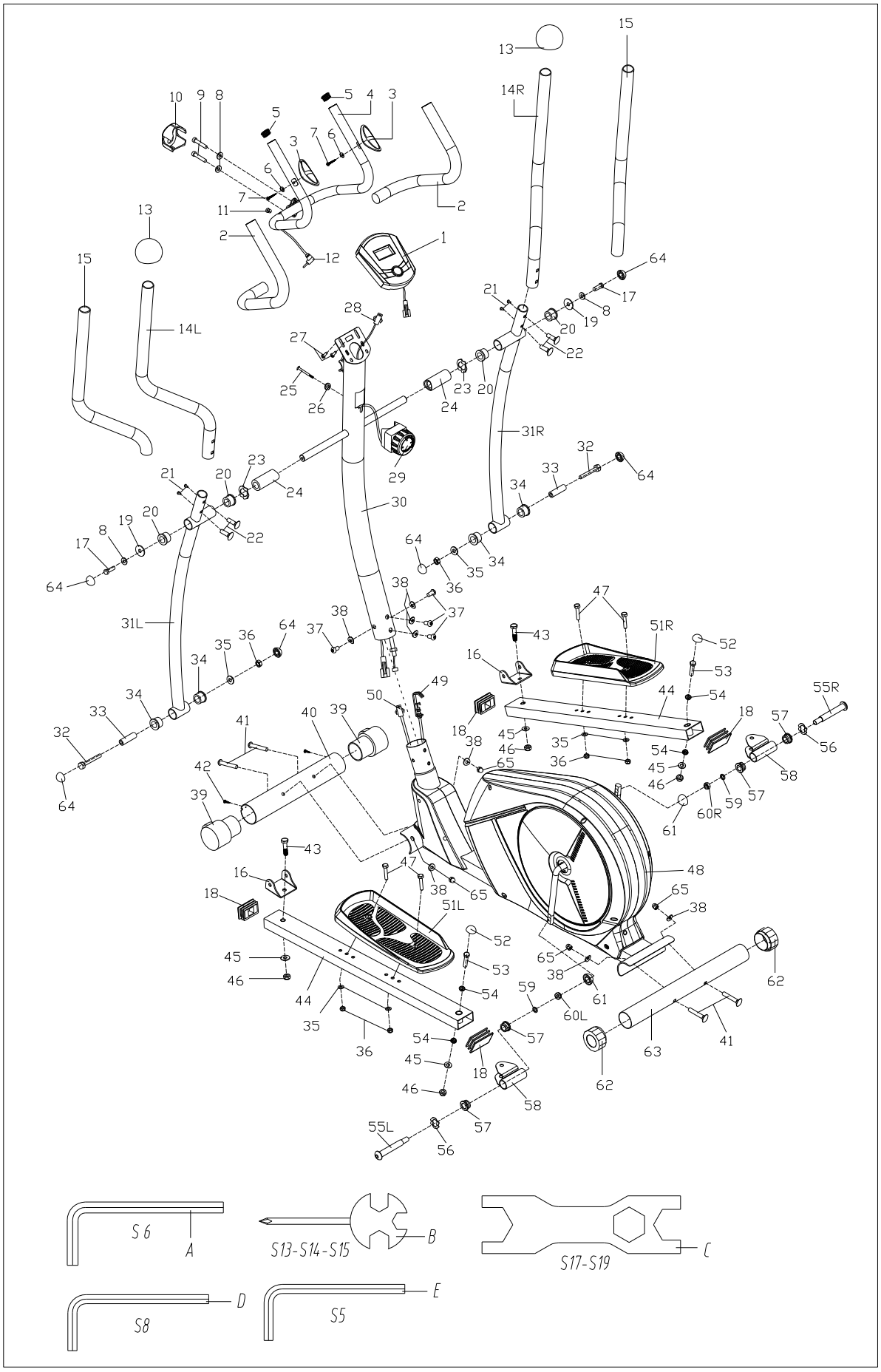
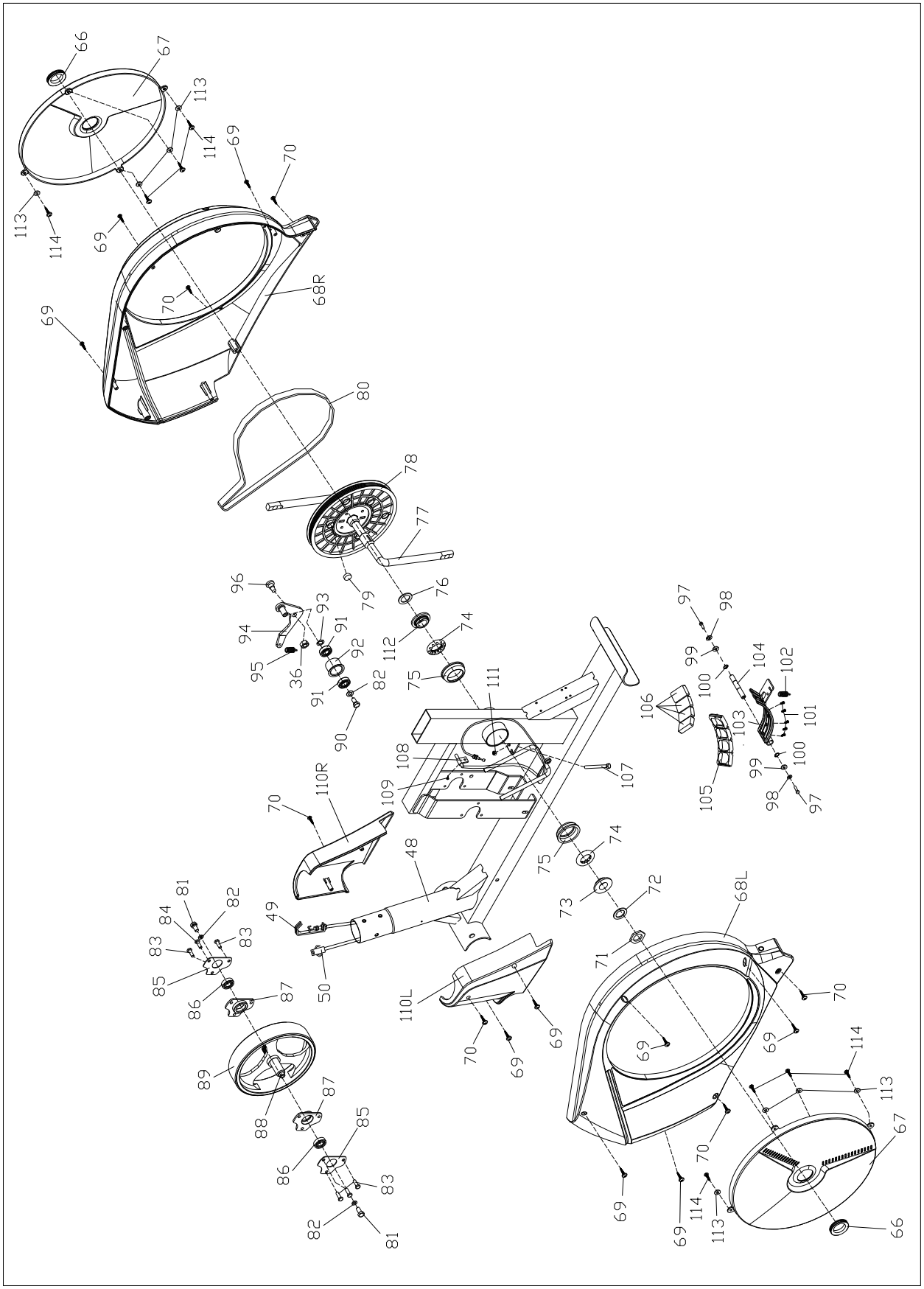
Revisione : 00

CE

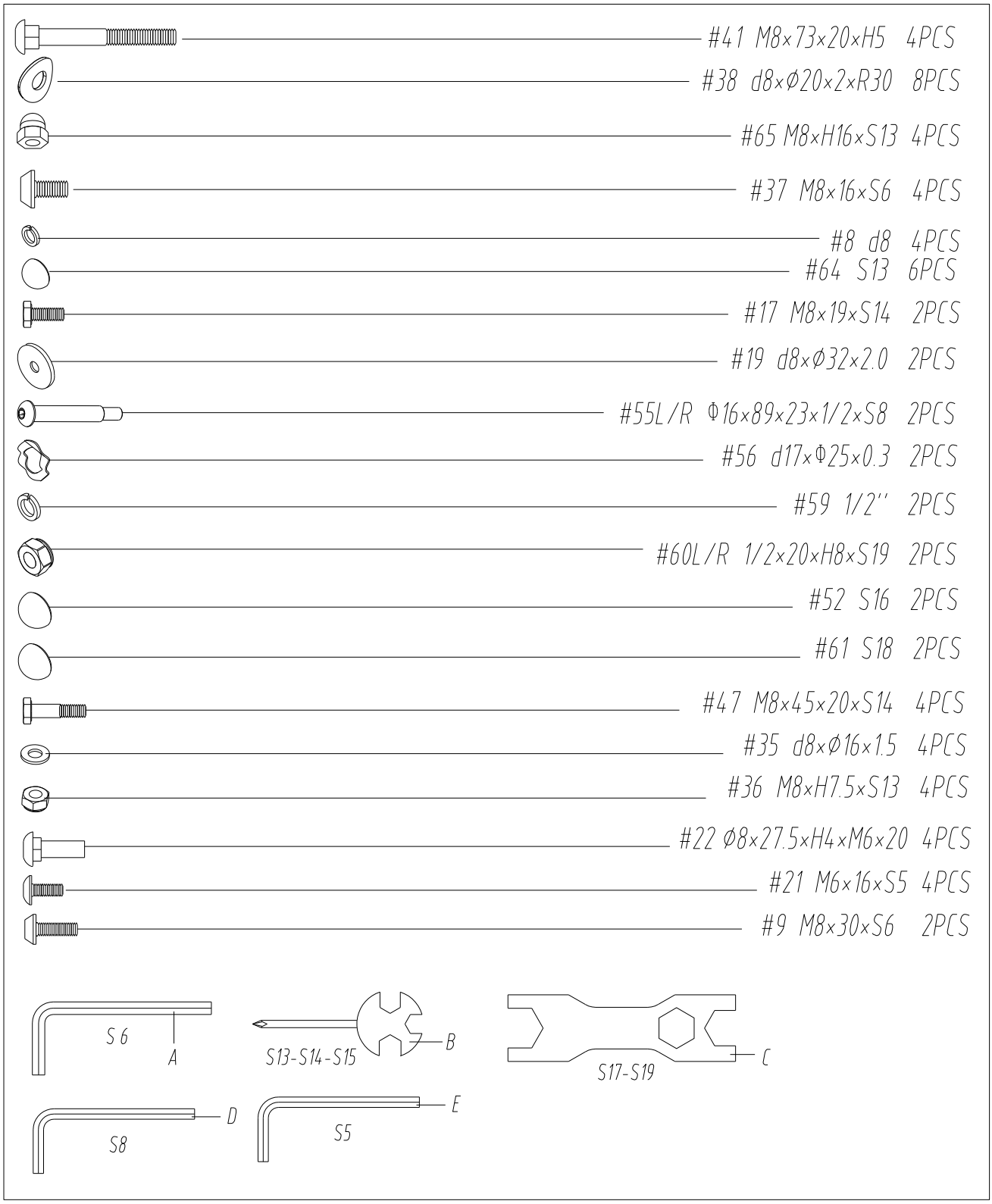
Exploded Diagram:



Inner Exploded Diagram:



TOOLS:


#41 M8×73×20×H5 4PCS
#38 d8×Ø20×2×R30 8PCS
#65 M8×H16×S13 4PCS
#37 M8×16×S6 4PCS
#8 d8 4PCS
#64 S13 6PCS
#17 M8×19×S14 2PCS
#19 d8×Ø32×2.0 2PCS
#55L/R Φ16×89×23×1/2×S8 2PCS
#56 d17×Φ25×0.3 2PCS
#59 1/2'' 2PCS
#60L/R 1/2×20×H8×S19 2PCS
#52 S16 2PCS
#61 S18 2PCS
#47 M8×45×20×S14 4PCS
#35 d8×Ø16×1.5 4PCS
#36 M8×H7.5×S13 4PCS
#22 Ø8×27.5×H4×M6×20 4PCS
#21 M6×16×S5 4PCS
#9 M8×30×S6 2PCS
S 6
A
S13-S14-S15
B
S17-S19
C
S8
D
S5
E

PARTS LIST

No.	Description	QTY
1	Computer	1
2	handlebar grip Φ23*3*500	2
3	Grip piece	2
4	Middle handlebar post	1
5	Round End Cap ϕ25*16	2
6	Washerd6*Φ12*1	2
7	Screw ST4*19*Φ7	2
8	Spring washer d8	4
9	ScrewM8*30*S6	2
10	Clamp cover71*58*40	1
11	Plug Φ12*11*Φ3	1
12	Hand pulse wire	1
13	Pan head pipe plug90*57*45	2
14L/R	L/R Handlebar	2
15	handlebar grips Φ30*3*670	2
16	U Shape connector	2
17	Bolt M8*19*S14	2
18	Square End Cap J60*30*15	4
19	Washer d8*Φ32*2	2
20	Axle sleeve 2 Φ32*3*Φ28*21*Φ19.4	4
21	Screw M6*16*S5	4
22	Bolt Φ 8*27.5*H4*M6*20	4
23	Wave washer d19*Φ25*0.3	2
24	Long spacer bush Φ32*Φ 19.2*75.5	2
25	Screw M5*15	1
26	Arc washer d5*Φ20*1*R30	1

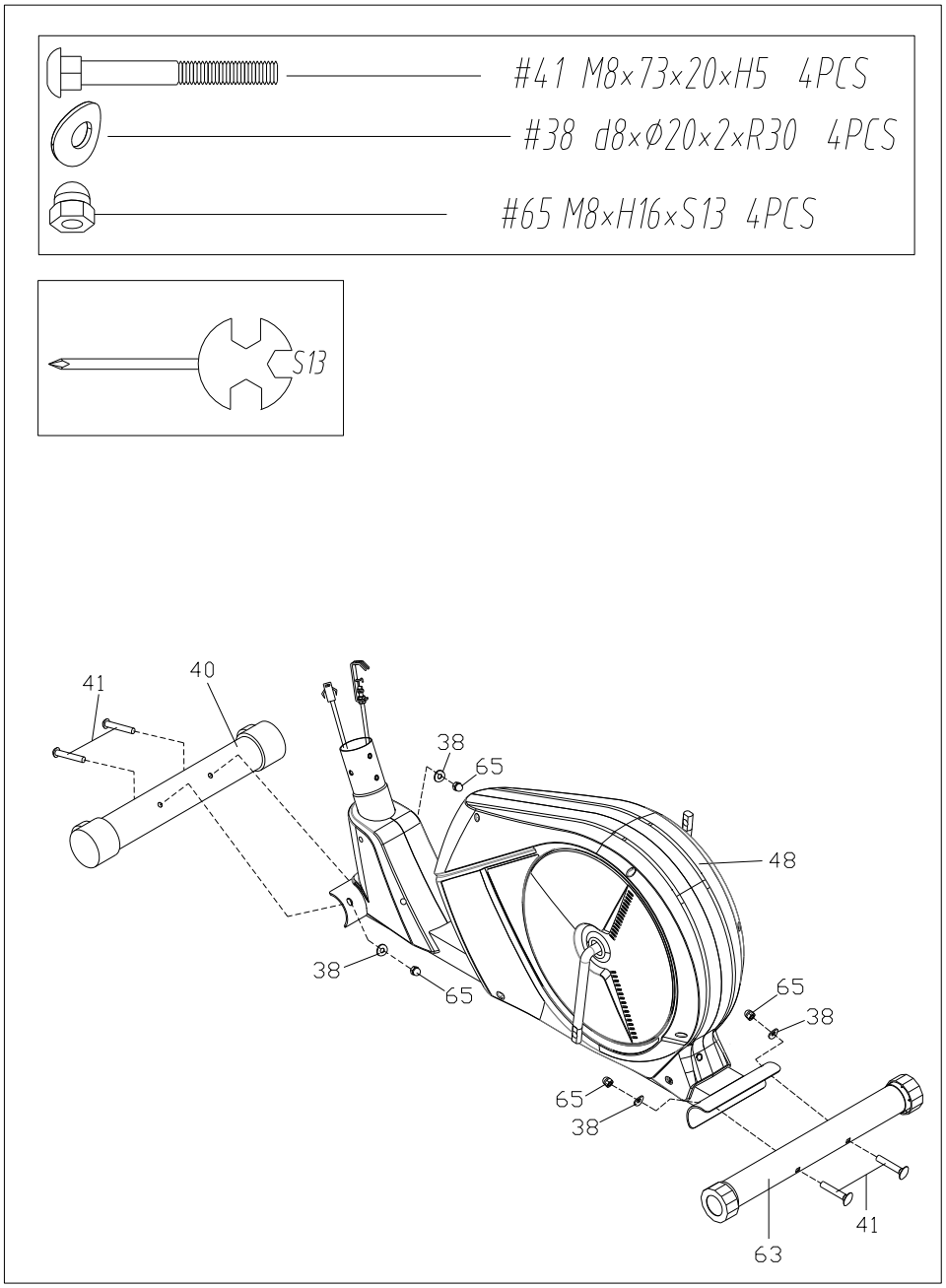
No.	Description	QTY
27	Screw M5*10	2
28	Trunk line	1
29	Tension control	1
30	Handlebar post	1
31L/R	L/R Swing rod	2
32	Bolt M8*75*13*S14	2
33	Spacer Bush Φ14*Φ8.3*59	2
34	Axle sleeve 1 Φ32*3*Φ28*16*Φ14.3	4
35	Washer d8*Φ16*1.5	6
36	Nylon nut M8*H7.5*S13	7
37	Screw M8*16*S6	4
38	Arc washer d8*Φ20*2*R30	8
39	End cap Φ60*Φ70*95	2
40	Front stabilizer	1
41	Screw M8*73*25*S6	4
42	Screw ST3*10*Φ5.6	2
43	Bolt M10*45*20*S14	2
44	L/R connecting rod combination	2
45	Washer d10*Φ20*2	4
46	Nylon nut M10*H9.5*S17	4
47	Bolt M8*45*20*S14	4
48	Main frame	1
49	Low tension control wire	1
50	Sensor	1
51L/R	Pedal L/R	2
52	End cap S16	2

No.	Description	QTY
53	Bolt M10*55*20*S17	2
54	Metallurgy set Φ18*3*Φ14*7*Φ10.1	4
55L/R	Bolt Φ16*89*23*1/2*S8	2
56	Wave washer d17*Φ25*0.3	2
57	Metallurgy set Φ28*4*Φ24*12*Φ16.1	4
58	Connector joint	2
59	Spring washer 1/2"	2
60L/R	Nylon nut 1/2*20*H8*S19	2
61	End cap S18	2
62	Angle adjustable end cap	2
63	Rear stabilizer	1
64	End cap S13	6
65	Bolt M8*H16*S13	4
66	Cap for crank	2
67	Turnplate	2
68L/R	Chain cover L/R	2
69	Screw ST4.2*19*Φ8	10
70	Screw ST4.2*16*Φ8	6
71	Nut	1
72	Nut	1
73	Nut 2	1
74	Bowl Φ51.6	2
75	Bowl seat	2
76	Washer d24*Φ40*3	1
77	Crank	1
78	Belt roller	1

No.	Description	QTY
79	Round magnet	1
80	Belt	1
81	Bolt M6*12*S10	2
82	Washer d6*Φ16*1.5	3
83	Screw M6*10*Φ12	5
84	Screw M6*8*Φ12	1
85	Fixed plate T1*56*72	2
86	Bearing 6001-2RS	2
87	Bearing seat Φ72*11	2
88	Flywheel Axle Φ20*103	1
89	Flywheel	1
90	Bolt M6*10*S10	1
91	Bearing 6001-2RS CXSH	2
92	Idle wheel Φ39*Φ34*24	1
93	Wave washer d12*Φ17*0.5	1
94	Idler connecting rod	1
95	Tension spring1	1
96	Screw M8*12*Φ10*5*S12	1
97	Bolt M6*16*S10	2
98	Spring washer d6	2
99	Washer d6*Φ12*1.2	2
100	Ring-SHIELDd12	2
101	Screw ST3*10*Φ5.6	5
102	Tension spring 2	1
103	Magnetic plate joint	1
104	Magnet plate axle	1

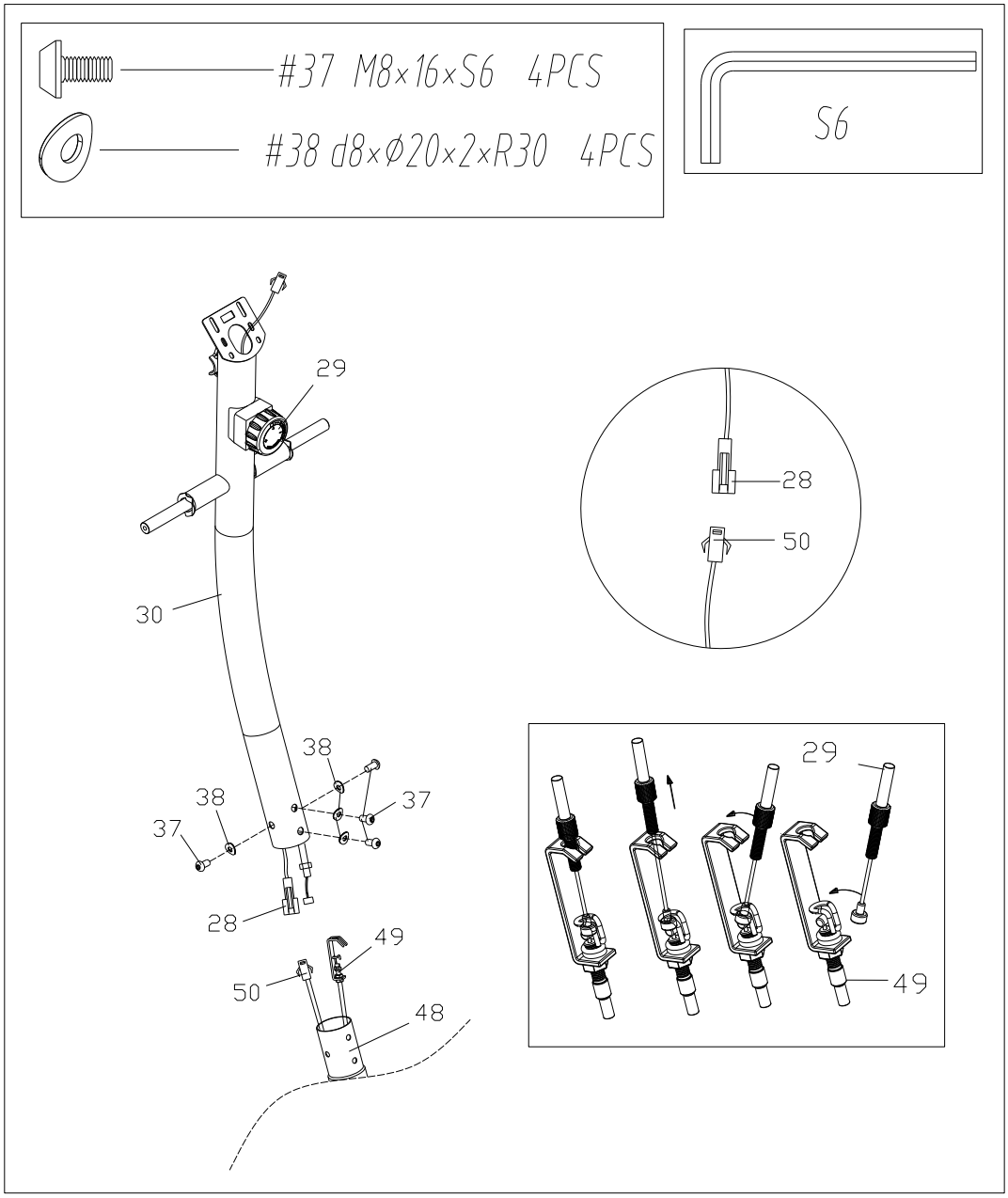
No.	Description	QTY		No.	Description	QTY
105	Magnet location grid	1		113	Washer d5*Φ13*1	8
106	Square magnet	4		114	Screw ST4*16*Φ8	8
107	Screw M6*45*S10	1		A	WrenchS6	1
108	Sensor Seat	1		B	WrenchS13-14-15	1
109	Screw ST4.2*16*Φ8	1		C	Spanner S17-19 S17	1
110L/R	Front cover	2		D	WrenchS8	1
111	Nut M6*H5*S10	2		E	WrenchS5	1
112	Big nut 1	1				

Step 1:



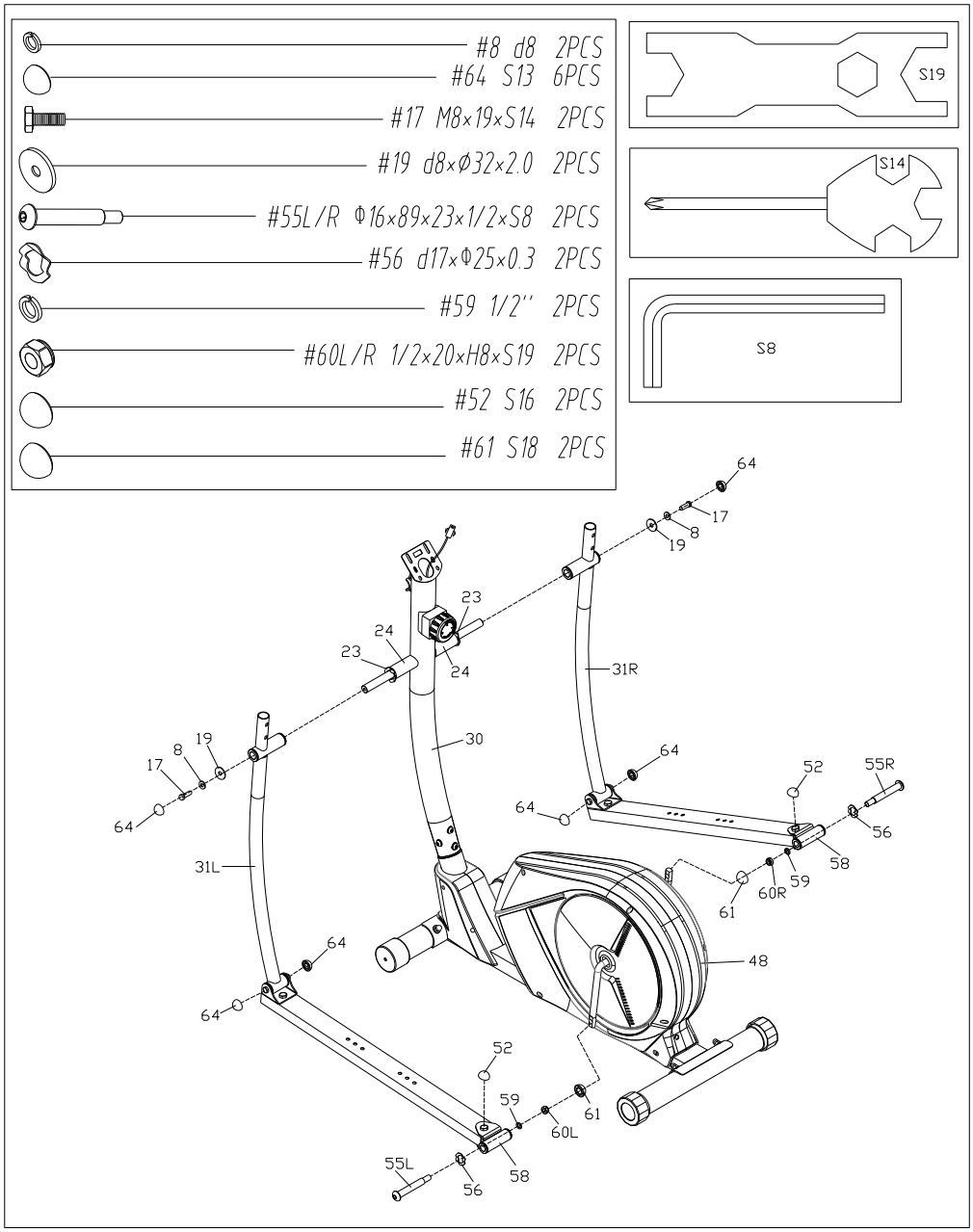
.Lock the front stabilizer (40) & the rear stabilizer (63) tightly on the mainframe (48) with screw (41), arc washer(38), bolt(65).

Step 2:



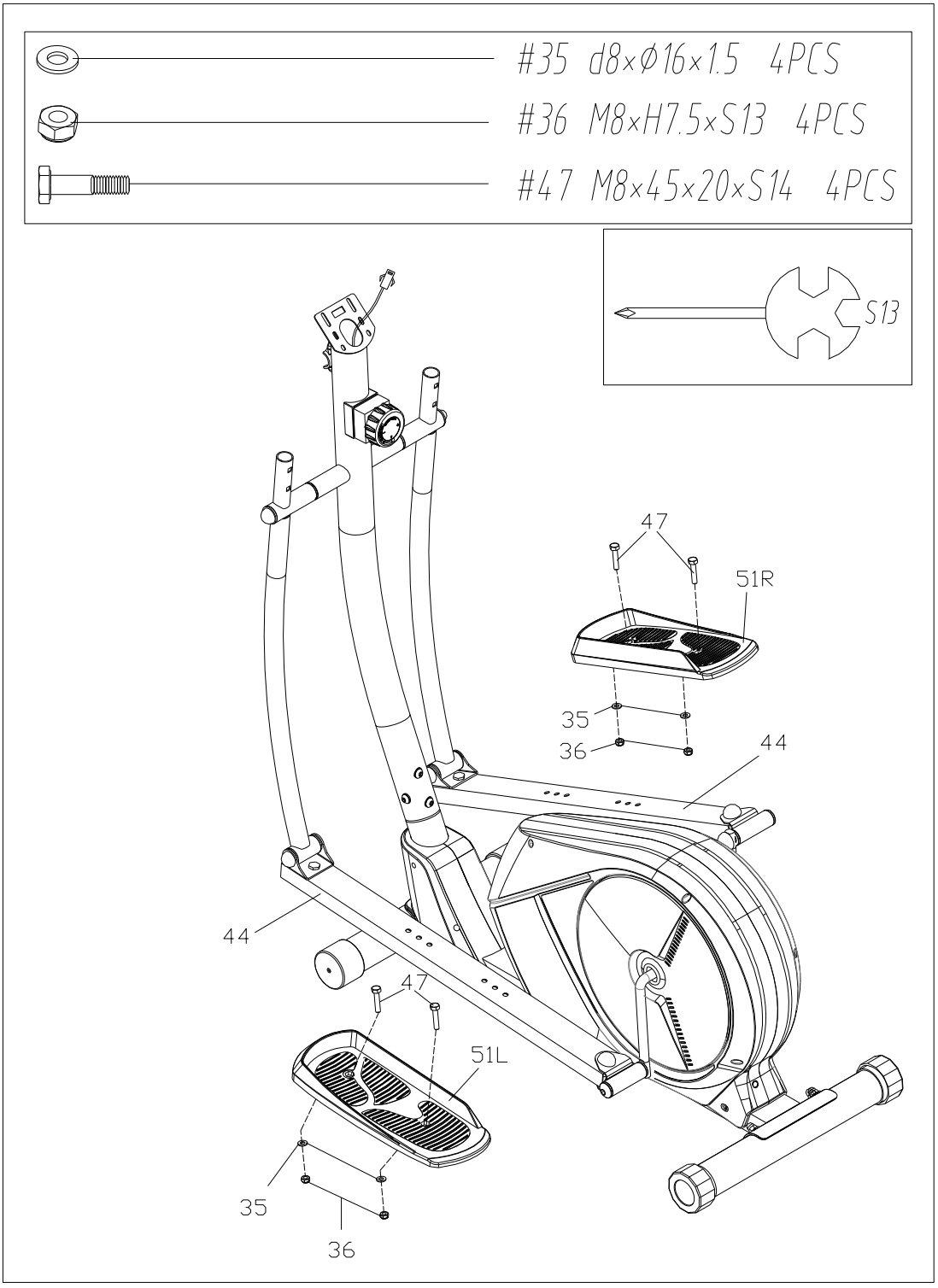
1. Connect tension control (29) with low tension control wire (49), and connect truck line (28) with sensor (50).
2. Lock the handlebar post (30) tightly on the mainframe (48) with screw (37), arc washer (38).

Step 3:



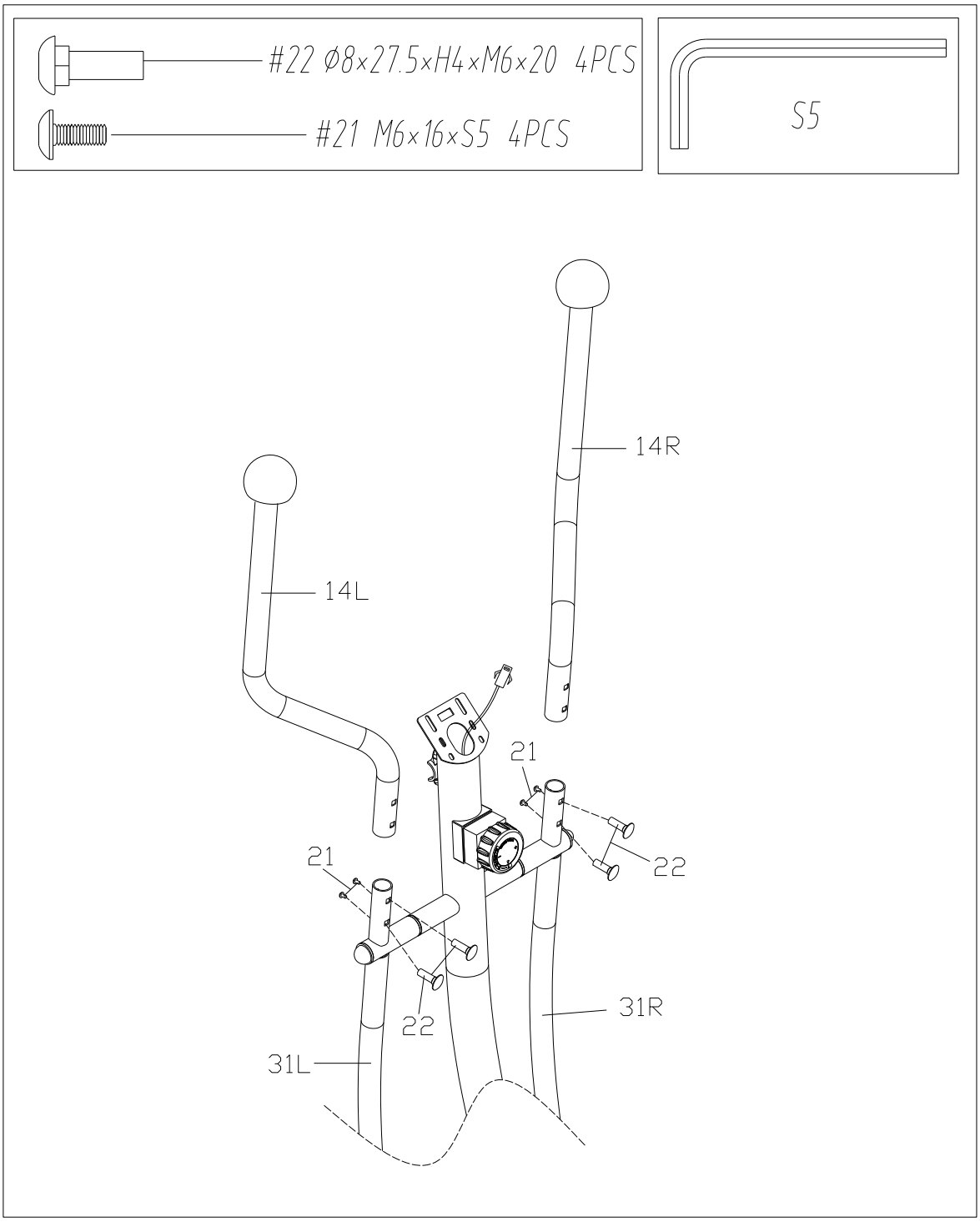
1. Lock the swing rod (31L/R)tightly on the handlebar post(30) with bolt(17), spring washer(8), washer(19).
2. Lock the connector joint(58) of swing rod tightly on the crank of mainframe(48) with bolt(55L/R), wave washer(56) and then lock the connector joint(58) of swing rod tightly with spring washer(59), nylon nut(60L/R).
3. Fasten the end cap (52),end cap(61),end cap(64)

Step 4:



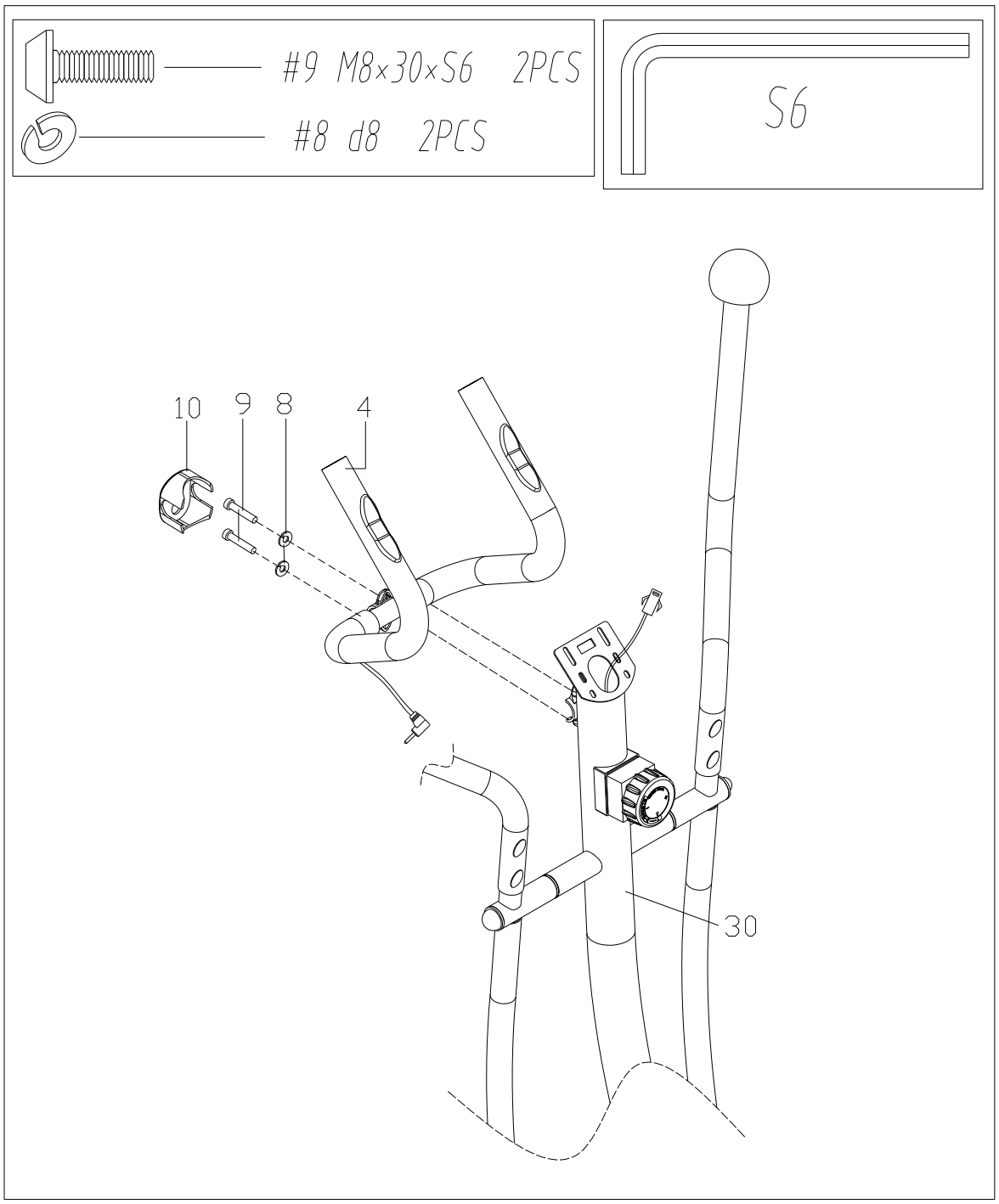
Lock the pedal (51L/R) tightly on the swing rod (44) with bolt (47), washer (35), and nylon nut (36).

Step 5:



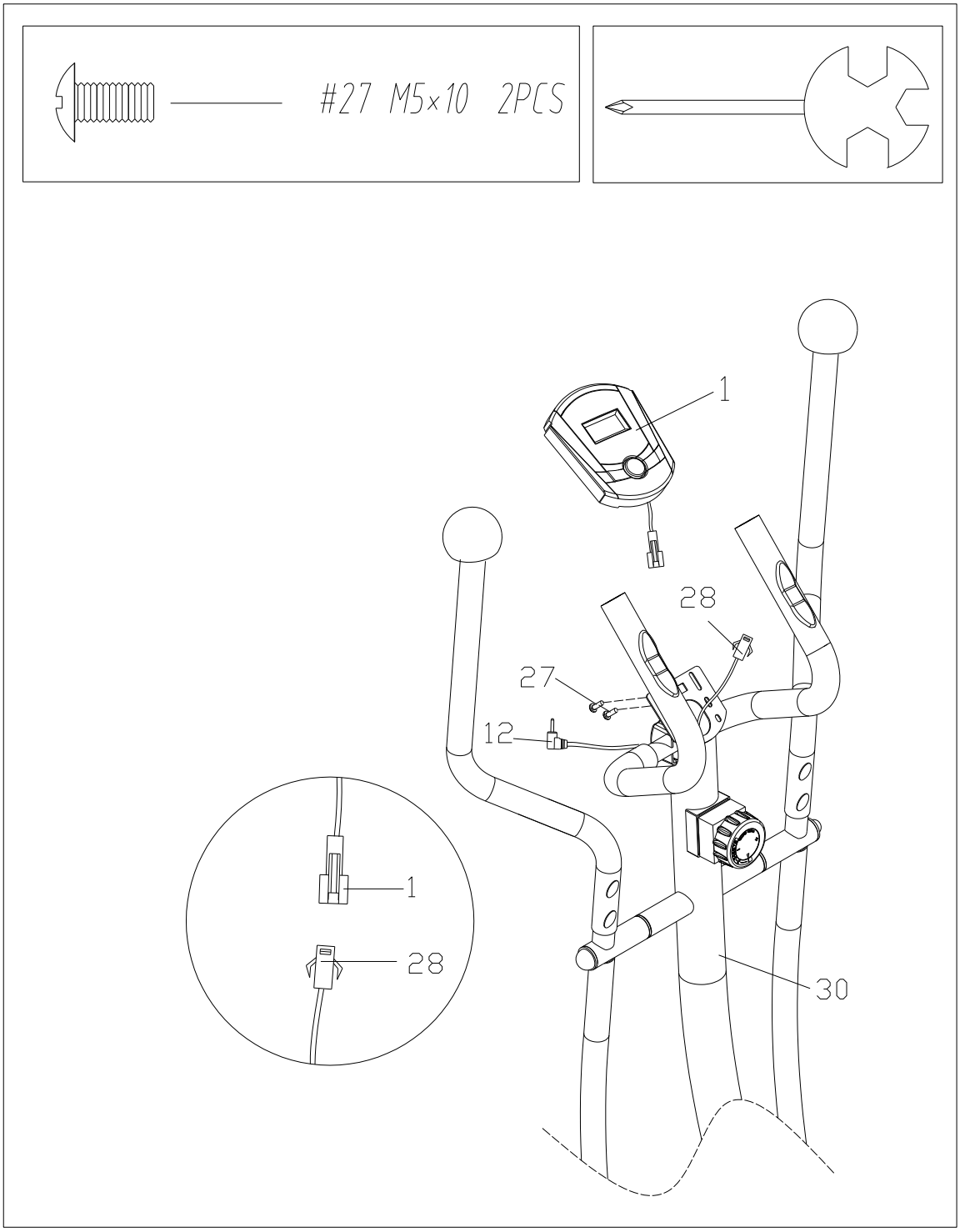
.Lock the handlebar(14L/R) on the swing rod(31L/R) tightly with screw(21), bolt(22).

Step 6:



1.Lock the middle handlebar post(4) on the handlebar post(30) with screw(9), spring washer(8) and then fasten the clamp cover(10).

Step 7:



1. Connect the trunk line(28) with computer(1) extended wire.
2. Lock the computer(1) on the handlebar post(30) with screw(27) and then insert the handle pulse wire(12) into the hole in the back of computer(1).

Assembling is finished. 。

EXERCISE COMPUTER INSTRUCTION MANUAL

No. 00002

FUNCTIONAL BUTTONS:

MODE – Press it to select functions.

– Hold it for 3 seconds to reset time, distance and calories.

SET（IF HAVE）– To set value of time, pulse,distance and calories when not in scan mode.

RESET (IF HAVE) – Press to reset time,pulse, distance and calories.

FUNCTIONS:

1. SCAN: Press MODE button until "▼" appears at SCAN Position (or until "SCAN" appears), computer will rotate through all the 5 functions: Time, Speed, Distance, Calorie and total distance. Each display will be hold for 6seconds.
2. TIME: Count the total time from exercise start to end.
3. SPEED: Display current speed.
4. DIST : Count the distance from exercise start to end.
5. CALORIES(CAL): Count the total calories from exercise start to the end.
6. TOTAL DIST(ODO): Count the total distance after installing the batteries.
7. AUTO ON/OFF & AUTO START/STOP: Without any signal for 8 minutes, the power will turn off automatically. As long as the wheel is in motion or press any button, the computer is in action.
8. PULSE RATE (IF HAVE)

   Press MODE button until "▼" appears at PULSE position(or until "❤ "appears). Before measuring your pulse rate, please place both your palms on the contact pads and the computer will show your current heart beat rate in beats per minute (BPM) on the LCD after 3~4 seconds.

   Remark: During the process of pulse measurement, because of the contact jamming, the measurement value may be higher than virtual pulse rate during the first 2~3 seconds, then it will return to normal level. To ensure testing accuracy, it is suggested that user test pulse during stop/pause exercise to avoid any possible influence. The measurement value can not be regarded as the basis of medical treatment.
9. ALARM

   The functions of time, distance and calorie can be set countdown, any of above value goes to zero, the computer will alarm for 15 seconds.

   Press MODE to select the function, then press SET to adjust the value.

Note: ● The product with only "MODE" button has no No.9 function.

● The computer can be programmed before delivery with Metric or Imperial system. If you find "M" in right side of monitor screen, it is with Imperial system and the unit will be mile.

SPECIFICATIONS

FUNCTION	Auto Scan	Every 6seconds
	Running Time	00:00 ~ 99:59(Minute: Second)
	Current Speed	The max pick-up signal is 999.9KM/H or MILE/H (or 9999RPM)
	Trip Distance	0.0 ~ 999.9 KM or MILE
	Calories	0 ~ 999.9~ 9999 Kcal
	Total Distance	0 ~ 9999 KM or MILE
	Pulse Rate	40-240BPM
Battery Type		2 pcs of SIZE-AAor AAA
Operating Temperature		0℃ ~ +40℃(32℉~ 104℉)
Storage Temperature		-10℃ ~ +60℃(14℉~ 140℉)

Garlando

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