

# INSTRUCTION



BRX85



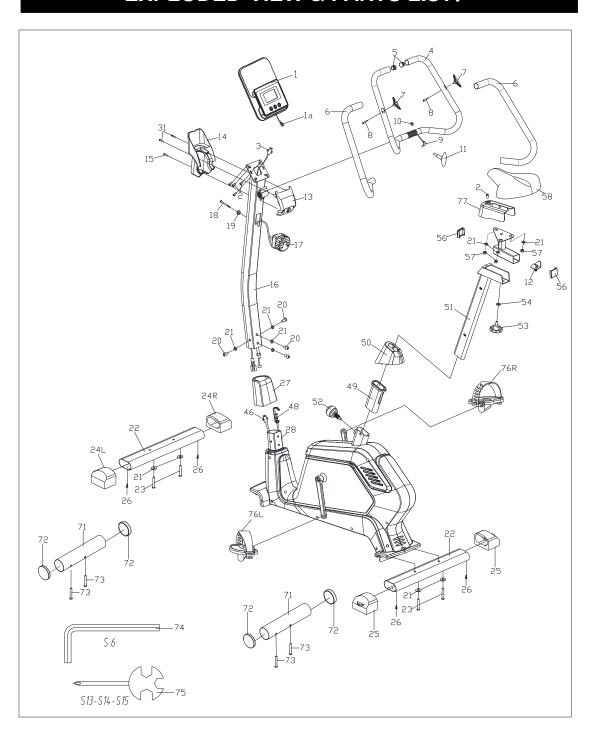
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## **EXPLODED-VIEW & PARTS LIST:**



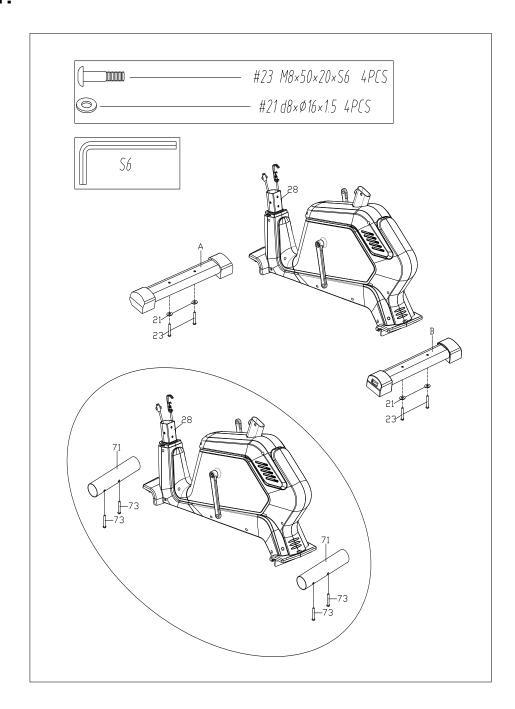
## **PART LIST:**

| No.   | Description               | Q'TY | No.   | Description                     | Q'TY |
|-------|---------------------------|------|-------|---------------------------------|------|
| 1     | Computer                  | 1    | 33    | End cap                         | 2    |
| 2     | Screw M5*10               | 3    | 34    | Belt 6PJ410                     | 1    |
| 3     | Middle wire               | 1    | 35    | Axle                            | 1    |
| 4     | Handlebar                 | 1    | 36    | Belt pulleyΦ240                 | 1    |
| 5     | End cap Φ25*16            | 2    | 37    | Hexagon bolt M6*15              | 4    |
| 6     | Foam Ф23*3*630            | 2    | 38    | Nylon nut M6                    | 4    |
| 7     | Pulse                     | 2    | 39    | Bushing Φ17.2*Φ22*4             | 1    |
| 8     | Screw ST4.0*19*Φ11        | 2    | 40    | Bearing 6203-2Z                 | 2    |
| 9     | Handle pulse wire L=800MM | 1    | 41    | wave washer d17*Φ23*0.3         | 1    |
| 10    | StoppleФ12*11*Ф3          | 1    | 42    | Shaft ringd17                   | 1    |
| 11    | T knob                    | 1    | 43L/R | Crank                           | 2    |
| 12    | U bracket                 | /    | 44    | Hex flange nut M10*1.25*H7      | 2    |
| 13    | Front cover               | 1    | 45    | Crank coverΦ26*9                | 2    |
| 14    | Rear cover                | 1    | 46    | Sensor L=1000                   | 1    |
| 15    | Screw ST4.2*25*Φ8         | 1    | 47    | MagnetΦ15*7                     | 1    |
| 16    | Support tube              | 1    | 48    | Tension line                    | 1    |
| 17    | Tension knob              | 1    | 49    | bushing                         | 1    |
| 18    | screwM5*55                | 1    | 50    | Seat post plastic cover         | 1    |
| 19    | Curved washer d5          | 1    | 51    | Vertical seat                   | 1    |
| 20    | Scrw M8*16*S6             | 4    | 52    | Spring kno                      | 1    |
| 21    | Washer d8*Φ16*1.5         | 11   | 53    | Knob                            | 1    |
| 22    | Stabilizer                | 2    | 54    | Washer d10*Φ20*2                | 1    |
| 23    | Screw M8*50*20*S6         | 4    | 55    | Seat tube                       | 1    |
| 24L/R | End cap                   | 2    | 56    | End cap                         | 1    |
| 25    | End cap                   | 2    | 57    | Nylon nut M8                    | 3    |
| 26    | Screw ST4.2*16*Ф8         | 15   | 58    | Seat 98-2                       | 1    |
| 27    | Front plastic cover       | 1    | 59    | Flywheel                        | 1    |
| 28    | Main frame                | 1    | 60    | Flange nut M10*1.0*H9*S14       | 1    |
| 29L/R | Chain cover               | 2    | 61    | Hexagon thin nut M10*1.0*H5*S17 | 1    |
| 30L/R | Small cover               | 2    | 62    | Bolt group                      | 2    |
| 31    | Screw ST4.2*19*Ф8         | 10   | 63    | Steel bracket                   | 1    |
| 32    | Screw ST4.0*10*Ф6         | 1    | 64    | Screw                           | 1    |

| 65 | Nylon nut M8*H7.5*S13  | 1 | 71    | shipping tube     | 2 |
|----|------------------------|---|-------|-------------------|---|
| 66 | Tension spring         | 1 | 72    | End сарФ60        | 4 |
| 67 | Idle wheel Φ37*Φ32*24  | 1 | 73    | Screw M8*72*20*S6 | 4 |
| 68 | Bearing 6000-RS        | 2 | 74    | Allen wrench S6   | 1 |
| 69 | Washer d6*Φ16*1.5      | 1 | 75    | Spanner S13-14-15 | 1 |
| 70 | Hexagon bolt M6*12*S10 | 1 | 76L/R | Pedal             | 2 |
|    |                        |   | 77    | Seat cover        | 1 |

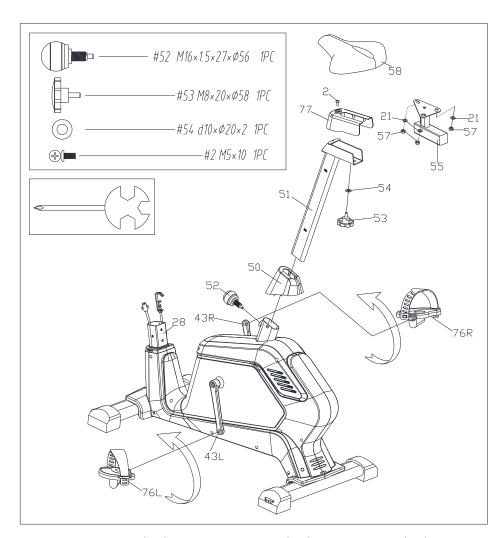
# **ASSEMBLY INSTRUCTION**

## STEP 1:



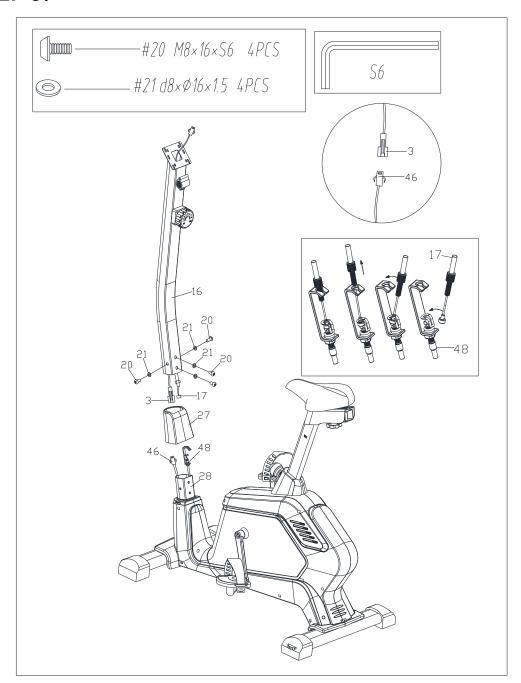
- 1. Unscrew bolt (73) with spanner and remove shipping tube (71). You may save these parts if you'd like to repackage and transport this elliptical in the future.
- 2. Attach front stabilizer (A) and rear stabilizer (B) onto main frame (28) with bolt(23) and washer (21).

## STEP 2:



- 1.Attach the seat(58) to the seat tube(55) with washer(21) and nylon nut(57), then tighten seat (58).
- 2.slide the seat tube(55) into the vertical seat post(51) and at the desired position, align holes and fix in place with the locking knob(53) and washer(54). Fix the seat cover(77) to the vertical seat post(51) with screw(2).
- 3.Put the vetical seat post(51) through the Seat post plastic cover(50) first, Insert the vertical Seat Post (51) into the main frame (28) and line up the holes. Secure the seat in position with the Adjustment Knob (52). The correct height for the seat can be adjusted after the bike is fully assembled.
- 4.Attach the pedal(76L/R) to the crank arms as shown; CAUTION: be sure the right pedal (76R) marked (R) is attached to the right crank arm and tightened in the clockwise direction. The left pedal (76L) marked (L) is attached to the left crank arm and tightened in the anticlockwise direction.

## STEP 3:



- a. Insert front cover (27) into handle bar post (16).
- b. Connect trunk wire 1(3) with trunk wire 2(46)
- c. Connect well the control tension (17) with the tension wire (48)
- d. Secure handle bar post(16) to main frame(28) with bolt(20),

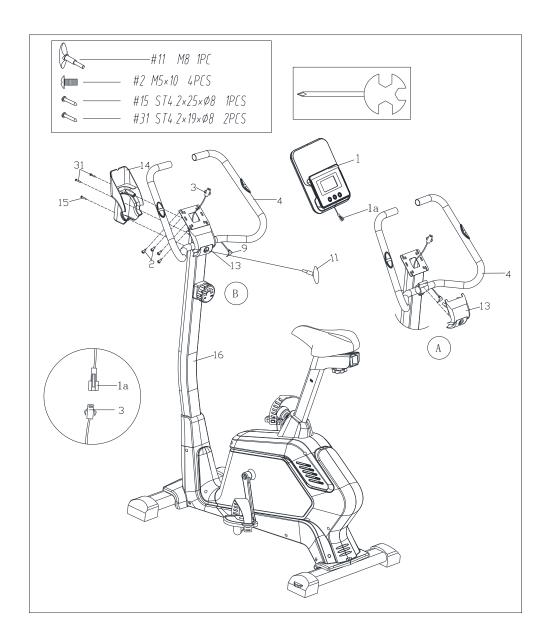
washes(21)

## STEP 4:



Attach handlebar(4) onto handlebar post(16).

## **STEP 5:**



Attach the front cover (13) to the handle (4)

- 1. Connect middle wire (3) and computer wire (1a).
- 2. Attach computer (1)to support tube (16) with the screw (2). Then, plug handle pulse wire (9) into the hole which is at the back of computer.
- 3. Attach front cover (13) and rear cover (14) to handle bar post (16), then secure it with screws (15) and (31). then use T knob(11) tighten handlebar(4) onto support tube(16).

The assembly is complete!

## **EXERCISE MONITOR INSTRUCTION MANUAL**

#### SPECIFICATIONS:

| TIME            | 00:00-99:59         |
|-----------------|---------------------|
| SPEED(SPD)      | 0.0-99.9KM/H (ML/H) |
| DISTANCE        | 0.00-9999KM (ML)    |
| CALORIES        | 0.0-9999KCAL        |
| **ODOMETER(ODO) | 0.0-9999KM (ML)     |
| **PULSE (PUL)   | 0, 40~240BPM        |

#### **KEY FUNCTIONS:**

**MODE:** This key lets you to select and lock on to a particular function you want.

**\*\*SET:**Can to proceed the data establish for "TIME" "DISTANCE" "CALORIES" "PULSE".

**CLEAR(RESET):** The key to reset the value to zero by pressing the key.

**\*\*ON/OFF(START/STOP):** The key to pause the signal input by pressing the key.

#### **OPERATION PROCEDURES:**

#### 1. AUTO ON/OFF

- ♦ The system turns on when any key is pressed or when it sensor an input from the speed sensor.
- ◆ The system turns off automatically when the speed has no signal input or no key are pressed for approximately 4 minutes.

#### 2 RESET

The unit can be reset by either changing battery or pressing the MODE key for 3 seconds.

#### 3. **MODE**

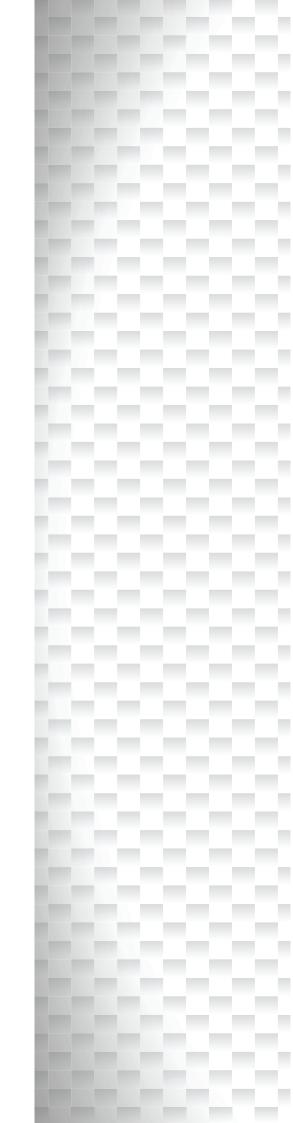
To choose the SCAN or LOCK if you do not want the scan mode, press the MODE key when the pointer on the function you want which begins blinking.

### **FUNCTIONS:**

- 1. TIME: Press the MODE key until pointer lock on to TIME. The total working time will be shown when starting exercise.
- 2.SPEED: Press the MODE key until the pointer advance to SPEED. The current speed will be shown.
- 3.DISTANCE: Press the MODE key until the pointer advance to DISTANCE. The distance of each workout will be displayed.
- 4.CALORIE: Press the MODE key until pointer lock on to CALORIE. The calorie burned will be displayed when starting exercise.
- 5.**ODOMETER**(IF HAVE): Press the MODE key until the pointer advance to ODOMETER. The total accumulated distance will be shown.
- 6.PULSE(IF HAVE): Press the MODE key until the pointer advance to PULSE. User's current heart rate will be displayed in beats per minute. Place the palms of your hands on both of the contact pads(or put ear-clip to ear), and wait for 30 seconds for the most accurate reading.

**SCAN:** Automatically display changes every 4 seconds.

BATTERY: If improper display on monitor, please reinstall the batteries to have a good result.



# Garlando

GARLANDO SPA
Via Regione Piemonte, 32 - Zona Industriale D1
15068 - Pozzolo Formigaro (AL) - Italy
www.toorx.it - info@toorx.it